

# Westchester County Community Health Improvement Plan



2019 - 2021

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George Latimer, County Executive  
Sherlita Amler, MD, Commissioner  
Department of Health

## **ACKNOWLEDGEMENTS**

The Westchester County Department of Health (WCDH) would like to thank the members of the Westchester County Health Planning Team for their dedication and commitment.<sup>1</sup> For over a year, the Team met frequently to develop a community health survey, hosted a provider Health Summit, reviewed data to select health priorities, and shared proposed Community Health Improvement Plan (CHIP) interventions and activities.

In addition to the Planning Team, WCDH would like to thank those individuals and agencies that either completed and/or distributed surveys, attended the April 2019 Health Summit, or provided information to the Team to inform the process.

The Westchester County Health Planning Team is committed to continuing its partnership and plans to meet on a quarterly basis to review CHIP progress and to discuss opportunities for collaboration.

**This report was prepared by Westchester County Department of Health and submitted to New York State Department of Health on February 14, 2020.**

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<sup>1</sup> Appendix A: Detailed list of Westchester County Health Planning Team members

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## EXECUTIVE SUMMARY

This report represents the 2019-2021 Community Health Improvement Plan (CHIP) for the Westchester County Department of Health (WCDH) and describes the Community Health Assessment (CHA) and process through which the plan was developed.

In February 2020, WCDH submitted its CHA and CHIP to the New York State Department of Health (NYSDOH) for the period 2019-2021. For this cycle, WCDH built upon the successes and lessons learned from the 2016-2018 CHA/CHIP and the 2019 CHA data led us to continue addressing the priorities undertaken during the previous CHIP cycle. The process was guided by new data collected from a needs assessment survey of residents and a health summit attended by community health providers and service organizations in the County, and supported by data from sources such as the Prevention Agenda Dashboard and various WCDH reports, such as hospitalizations, cancer, and vital statistics. Building on the existing Health Planning Team's collaborative relationship, WCDH reconvened the Planning Team to identify health priorities and collaborate on activities that support the NYS 2019-2024 Prevention Agenda.

Unlike many counties in New York State, Westchester County is served by a number of acute and specialty hospitals that due to their geographic location and specific hospital missions make it challenging for Westchester to select priorities that address the needs of the entire County. In addition, the healthcare landscape has continued to change since the preparation of the last CHIP with the formation of new hospital mergers and affiliations that extend beyond the County.

As revealed by the needs assessment data, community survey results, and insight gleaned from Westchester's Health Summit, Chronic Disease persisted as the major health issue

in Westchester. In addition, Mental Health and Substance Use continued to be major concerns.

Unlike the past CHIP cycle, many of the local hospitals opted to expand their priority area beyond just prevent Chronic Disease, to include Mental Health and Substance Use, which is consistent with the priority areas WCDH selected for the previous CHIP. As such, WCDH selected the following foci for the 2019-2021 CHIP:

- I. Prevent Chronic Disease: Physical Activity
- II. Prevent Chronic Disease: Tobacco Prevention
- III. Promote Well-Being and Prevent Substance Use Disorders: Prevent Mental and Substance Use Disorders

Chronic Disease interventions include:

- Improving community environments, schools, and worksites that support recreational physical activity for all ages and abilities
- Implementing environmental supports to encourage walking and safe indoor and/or outdoor places for physical activity
- Introducing legislation and expanding regulatory efforts to prevent the initiation of vaping product use by youth and young adults
- Using media and health communications to highlight the dangers of tobacco and vape products.

Interventions that address Mental Health and Substance Use focus on opioid overdose prevention and include:

- Increasing access to Naloxone

- Promotion of safe medication disposal options
- Public health education.

Activities were selected as extensions of current WCDH initiatives to maximize limited resources and prevent duplication of efforts.

Westchester County Department of Health will be working with numerous community partners, including other government agencies/departments and all divisions within WCDH to help execute the initiatives laid out in this plan. The WCDH will partner with a number of private businesses and community locations to develop walking paths and secure community fitness equipment to increase options for physical activity.

To address opioid overdose prevention, there will be collaborations with the health professionals in the community (e.g. schools of medicine/pharmacy, EMS, professional organizations) and local law enforcement. Collectively, these partners will assist with the implementation of opioid use education and Naloxone training by offering materials, allowing workspace, and providing an audience, etc. WCDH will also be working to expand its Naloxone trainings to less traditional settings, such as homeless shelters, syringe exchange programs, street corners, etc. to reach high risk populations.

The WCDH will engage the broader community in addressing the overarching CHIP priorities through public event efforts within each priority area. Health promotion campaigns will be a component of interventions (i.e., PSAs against vaping, promotion of walking paths). Westchester County residents and health care professionals can access all chronic health condition and substance use prevention materials on the WCDH website. Furthermore, the department will strive to keep the community engaged in health education events to reduce

non-prescription opioid use. The community is encouraged to attend advertised substance use prevention education and Naloxone trainings offered throughout the County.

In order to track progress and evaluate impact, the WCDH Divisions of Health Promotion and Environmental Health will report activities to the Department's Planning and Evaluation Unit. Original data may be collected from either partnering organizations or directly from the Division of Health Promotion or Environmental Health. Process measures for many activities include obtaining event and participant counts. The Divisions of Health Promotion and Environmental Health will track activities as they are completed and the Planning and Evaluation Unit will periodically assess that the process measures are being met to assure intervention progress and success. The Department will work collaboratively to make sure CHIP activities are tracked, timelines are met, and specific measurable objectives are achieved.

## **BACKGROUND AND PURPOSE**

The 2019-2021 Community Health Assessment and Improvement Plan was created as a roadmap for improving population health in Westchester County. For 2019, the NYS Department of Health charged local health departments to continue working together with hospitals to address identified community health priorities tied to the NYS Prevention Agenda 2019-2024.

The Westchester County Department of Health continues to monitor the NYS Prevention Agenda and collaborate with local public health partners to address the current health status and needs of County residents. The WCDH strives to develop interventions, programs, and initiatives to meet residents' needs and to improve health outcomes.

This report highlights findings from an abbreviated community health assessment, outlines the process by which priorities were chosen, and describes the goals, objectives, and action plans for the focus areas in an updated Improvement Plan for the 2019-2021 cycle.

## **WESTCHESTER COUNTY DEMOGRAPHICS**

Covering an area of about 450 square miles, Westchester County is home to nearly one million people as of the 2013-2017 American Community Survey, US Census Bureau. The County is just North of New York City, bordered on the West by the Hudson River, on the North by Putnam County, and on the East by the Long Island Sound and Connecticut's Fairfield County. Currently, the County contains six cities and 19 towns (many include incorporated villages within the town borders). The County's population is diverse and ever-changing, with an increasing number of various minority groups and foreign-born populations.

Westchester Population			975,321		
<b>Sex</b>			<b>Place of Birth</b>		
Male	471,874	48.4%	US Born	727,351	74.6%
Female	503,447	51.6%	Foreign Born	247,970	25.4%
<b>Race</b>			<b>Language Spoken at Home</b>		
White	637,798	65.4%	English Only	613,330	62.9%
Black	142,677	14.6%	Other Language	306,398	31.4%
Asian	57,768	5.9%	<i>Spanish</i>	182,282	18.7%
Two or More Races	28,833	3.0%	<i>Indo-European</i>		
Other Race	104,147	10.7%	<i>Asian/Pacific Island</i>		
			<i>Other</i>		
<b>Ethnicity</b>			<b>Family Structure (Households with Own Children &lt;18 Years)</b>		
Hispanic or Latino	234,081	24.0%	Married Couple Family	81,532	75.0%
Non-Hispanic/Latino	741,240	76.0%	Single Mother Family	20,302	18.7%
			Single Father Family	6,830	6.3%
<b>Age Distribution</b>			<b>Educational Attainment (Adults 25+)</b>		
0-4	55,593	5.7%	Less than High School	82,929	12.4%
5-9	59,931	6.1%	High School/GED	130,493	19.5%
10-14	64,652	6.6%	Some College or Associate's Degree	135,807	20.3%
15-17	40,698	4.2%	Bachelor's Degree	159,656	23.9%
18-24	86,345	8.9%	Master's Degree or Higher	159,217	23.8%
25-44	237,677	24.4%			
45-64	274,165	28.1%	<b>Median Household Income</b>	<b>\$ 89,968.00</b>	
65-74	82,712	8.5%	<b>Population Below Poverty Line</b>	<b>9.4%</b>	
75+	73,548	7.5%	<b>Unemployment (Age 16+)</b>	<b>6.5%</b>	

Source: American Community Survey (2013-2017). US Census Bureau.

## COMMUNITY HEALTH ASSESSMENT

Building on the previous cycle, the Westchester County Health Planning Team (WCDH and county hospitals) continued to work collaboratively on this project for each to complete a Community Health Improvement Plan. For over a year, the group actively participated in monthly meetings, communicated through emails and phone calls, and contributed to each stage of the Community Health Assessment and Provider Health Summit.

One of the major objectives of the Health Planning Team's collaboration was to design and conduct a community health survey to assess the current health status of Westchester County residents. The Team intended for this assessment to help reevaluate existing health

improvement priorities and to ensure selected priorities address the most current and critical health issues.

### **Community Health Survey and Provider Health Summit**

The assessment was carried out by distributing a survey to County residents. Surveys were made available in paper-format and online through Survey Monkey with both versions available in English and Spanish. Both WCDH and hospitals were responsible for survey distribution. Paper forms for community members were placed in waiting areas of various service agencies and hospitals. In addition, WCDH had staff onsite at service locations to assist and encourage underserved populations to complete the survey. An online link for the community survey was available on the WCDH website and posted on its social media platforms, and was also distributed through listservs available to the WCDH, hospitals, and community-based organizations. A total of 3,524 community surveys, of which 2,716 were residents of Westchester County, were conducted from February 1, 2019 to March 30, 2019.<sup>2</sup>

The survey findings demonstrated existing gaps and health barriers, assessed the availability and accessibility of health services, and reiterated the public health priorities of Westchester County. This assessment was ultimately employed as one of the primary data sources to inform the selection of Prevention Agenda priority areas for the 2019-2021 cycle.

On April 5, 2019 WCDH and the Westchester hospitals hosted a half-day Health Summit for community, government, and health and social service providers in White Plains, a central location in the County. Roughly 80 people attended the Summit, and a report summarizing the

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<sup>2</sup> Appendix B: Community Health Needs Assessment Survey Instrument

participants' feedback of the diverse health needs and social determinants of health of the Westchester community was generated as a companion piece to the Community Health Survey results.

### **Data Review Process**

The team conducted an extensive review of health indicators contained in the NYS Prevention Agenda, supported by the Community Health Survey and Provider Health Summit data. After the preliminary survey results became available, the Team reviewed County-level aggregate data and the County performance of each Prevention Agenda health indicator while also considering activities/progress from the 2016-2018 cycle. Chronic Disease and Mental Health/Substance Use were selected as the two priority areas. Over the following months, the team met multiple times to discuss possible interventions/programs, and strategies to address these priorities.<sup>3</sup> The raw data was provided to each hospital to allow the hospitals the ability to analyze the data at the sub-county level.

In addition to a thorough review of the data, the Team considered the achievability of proposed programs/interventions and whether they aligned with each agency's mission and service goals. Considering the diversity of the County's population and the number of acute and specialty hospitals serving different areas, it was a challenge for the Team to select foci that could apply across the board.

While Chronic Disease continued to stand out as the major health issue in Westchester, the community survey and health summit data revealed significant concerns regarding Mental Health and Substance Use among Westchester communities. As a result, the majority of

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<sup>3</sup> Appendix C: List of Health Planning Team meetings

hospitals will be following the WCDH in the adoption of two priority areas, Chronic Disease Prevention and Mental Health and Substance Use Disorder Prevention. After selecting the overall priorities, WCDH and the hospitals separately identified the specific focus areas. For WCDH, the process of selecting focus areas was brought to the Leadership Team, which is comprised of all divisions in the Department, to determine what actions each division could undertake to address the priority areas. This information was synthesized by the Division of Health Promotion and reviewed with the Executive Committee. The Executive Committee determined its focus areas to include: increasing physical activity, reducing smoking and vaping, and mental health/substance use.

The Westchester County Department of Health has committed to the following foci for the 2019- 2021 cycle:

- I. Prevent Chronic Disease: Physical Activity
- II. Prevent Chronic Disease: Tobacco Prevention
- III. Promote Well-Being and Prevent Mental Health and Substance Use Disorders:  
Prevent Mental and Substance Use Disorders

## **COMMUNITY HEALTH IMPROVEMENT PLAN**

The following Community Health Improvement Plan aims to lay out the specific goals, objectives, and strategies of the Westchester County Department of Health to address the realigned public health priorities identified through the Community Health Assessment for the 2019-2021 cycle.

## Focus I

<b>PRIORITY: PREVENT CHRONIC DISEASE</b>	
<b>Focus:</b> Physical Activity	
<b>Initiative (Brief background):</b> Although county averages are below the New York State and Prevention Agenda targets, obesity remains a problem among urban, low-SES populations and racial/ethnic minorities. It was also strongly perceived as a significant community health issue by County residents and health providers (via needs assessment survey).	
<b>Health Disparities Addressed:</b> According to the County Health rankings <u>physical inactivity</u> is a top Health Behavior for Westchester County. Initiatives to support and create environments for physical activity directly address this issue, particularly in lower-SES neighborhoods.	
<b>WCDH Goal(s):</b> Create community environments that promote and support physical activity; Expand the role of public and private employers in obesity prevention.	
<b>Outcome Objective(s)</b>	<b>Performance Measure(s) Source(s)</b>
By December 31, 2021, increase the number of community institutions with new or improved design components (i.e. exercise equipment) to promote physical activity from <u>0</u> to <u>1</u> .	Reporting by the institution to WCDH or through contributing partners.
By December 31, 2021, promote physical activity in <u>10</u> community venues through signage, worksite policies, social support, or joint use agreements.	
<b>Interventions, Strategies, and Activities</b>	<b>Process Measure(s)</b>
<p>Work with community venues to promote physical activity through signage, worksite policies, social support, joint use agreements, and improved design components. Programs include:</p> <ul style="list-style-type: none"> <li>• Public signage initiative: Signage promoting physical activity, working with County and Municipal Parks to assess/implement signage in parks, and working with community venues and worksites to create marked walking paths.</li> <li>• Worksite wellness program: The County will partner with worksites to provide resources including signage, sample policies, and messaging templates to encourage physical activity among employees.</li> <li>• Park Equipment Initiative: Along with collaborating partners, the County will install outdoor exercise equipment in a County Park in a low SES area.</li> </ul>	<p>Number and type of community venues that promote physical activity through signage, worksite policies, social support, and joint use agreements.</p> <p>Number of individuals who have access to community venues that promote physical activity through signage, worksite policies, social support, and joint use agreements.</p> <p>Completed installation of outdoor fitness equipment in a County Park in a low SES area.</p>

County “Westchester County Cares” Campaign: WCDH will create educational and promotional materials for the public focused on physical activity, also available to partner institutions and organizations.	
<b>Partner Role/ Partner Resources</b>	
Partners in the community help us to reach those in need throughout Westchester, with a special focus on the six targeted high need communities of Yonkers, New Rochelle, Mount Vernon, White Plains, Port Chester, Peekskill. WCDH will work with a myriad of organizations and agencies, including community coalitions, hospitals, businesses, municipalities and health centers to achieve our CHIP goals.	

## Focus II

<b>PRIORITY: PREVENT CHRONIC DISEASE</b>	
<b>Focus:</b> Tobacco Prevention	
<b>Initiative (Brief background):</b> Due to strong perception (via needs assessment survey) as a significant community health problem by residents and health providers, preventing the initiation of tobacco use, including combustible tobacco and vaping products is needed to reduce illness, disability and death.	
<b>Health Disparities Addressed:</b> As of December 27, 2019, a total of 2,561 hospitalized e-cigarette, or vaping, product use-associated lung injury (EVALI) cases or deaths have been reported to CDC from all 50 states, the District of Columbia, and two U.S. territories (Puerto Rico and U.S. Virgin Islands). Fifty-five deaths have been confirmed in 27 states and the District of Columbia. Syndromic data on emergency department (ED) visits suggest that the EVALI outbreak began in June 2019. Cases have been declining since a peak in September. Although the number of reported cases appears to be declining, states are still reporting new hospitalized EVALI cases to CDC on a weekly basis. All EVALI patients have reported a history of using e-cigarette or vaping products.	
<b>WCDH Goal(s):</b> Prevent the initiation of tobacco use, including combustible tobacco and vaping products (defined as e-cigarettes and similar devices) by youth and young adults.	
<b>Outcome Objective(s)</b>	<b>Performance Measure(s) Source(s)</b>
By December 31, 2021, WCDH will create a broad range of promotional and educational materials to raise awareness about the dangers of vaping; increase the number of vaping regulation inspections, in conjunction with our community	Reporting by WCDH, the institution to WCDH or through contributing partners.

partners, by 15%; and work with law makers to create legislation to reduce vaping among minors.	
<b>Interventions, Strategies, and Activities</b>	<b>Process Measure(s)</b>
<ul style="list-style-type: none"> <li>• Use media and health communications to highlight the dangers of tobacco, promote effective tobacco control policies and social norms.</li> <li>• Increase regulatory inspection of establishments that sell combustible and non-combustible tobacco products to prevent sales to underage youth.</li> <li>• Create and pass legislation to ban the sale of flavored vape products that are attractive to youth and encourage their use.</li> </ul>	<p>Number of PSAs and marketing materials created and distributed throughout Westchester County.</p> <p>Number of inspections completed by WCDH and its community partners throughout Westchester County.</p> <p>Successful adoption of legislation that bans the sale of flavored vape products.</p>
<b>Partner Role/Partner Resources</b>	
Partners in the community help us to reach different demographics by assisting with PSA and educational material production and dissemination to achieve our CHIP goals. WCDH will work with Westchester County and Municipal Police Departments on inspection of retail establishments that sell vape products to help assure compliance to tobacco product regulations. WCDH will work with Community Coalitions, County Legislators and the Westchester County Board of Health to create and pass legislation to ban the sale of flavored vape products in Westchester County.	

### Focus III

<b>PRIORITY: PROMOTE MENTAL HEALTH AND PREVENT SUBSTANCE ABUSE</b>	
<b>Focus:</b> Prevent Mental and Substance Use Disorders	
<b>Initiative (Brief background):</b> There is a strong perception among residents (via needs assessment survey) and community service providers (via Health Summit) that non-medical drug/opioid use is a significant community health problem in the County. Data from Health Data NY indicate an increasing rate of opioid-related deaths from 2010 to 2017, growing from 28 to 116. WCDH is committed to addressing this issue.	
<b>Health Disparities Addressed:</b> According to the Medicaid redesign team subcommittee on health disparities, drug-related admissions is one of the top 5 disparities in hospitalization rates. Initiatives in Westchester County including access to Naloxone, community/provider education, and promotion of medication lock boxes/drug take back programs directly address the growing issue of non-medical opioid use.	
<b>WCDH Goal(s):</b> Prevent opioid and other substance misuse and deaths	
<b>Outcome Objective(s)</b>	<b>Performance Measure(s) Source(s)</b>
Prevent opioid overdose and deaths through – <ul style="list-style-type: none"> <li>• Harm reduction, including Naloxone training</li> <li>• Prescriber education</li> </ul>	Reporting by WCDH or by partners to WCDH.

<ul style="list-style-type: none"> <li>Community-based prevention education and supply reduction</li> </ul> <p>By December 31, 2021, WCDH will increase the number opioid abuse education and Naloxone trainings* by 15%.</p> <p>By December 31, 2021, WCDH will work to promote the safe disposal of medications at police department and pharmacy drop boxes, the County’s Household Material Recycling Facility (H-MRF), and special drug take back events.</p>	
<p><b>Interventions, Strategies, and Activities</b></p>	<p><b>Process Measure(s)</b></p>
<p>Interventions to address non-medical use of opioids include:</p> <ul style="list-style-type: none"> <li>Promotion of medication drop off opportunities and events associated with Westchester County’s H-MRF, drop boxes located at municipal police departments and local pharmacies for safe disposal of un-used medications, and take-back days and events, where education may be offered concurrently.</li> <li>Public health education events, regarding opioids: <ul style="list-style-type: none"> <li>Naloxone trainings</li> <li>Health professional education (e.g. responsible prescribing for medical students, pharmacists, etc.)</li> <li>Law enforcement education (including campus safety officers, police and probation officers)</li> <li>Community education</li> </ul> </li> <li>Participation in coalitions and community partnerships regarding substance abuse and related issues</li> </ul>	<p>Number of individuals and/or households educated about safe medication disposal options at the Westchester County HMRF, drop box locations and special community take back events.</p> <p>Number of Naloxone trainings.</p> <p>Number of individuals participating in Naloxone trainings (include group demographic details community vs. health providers vs. law enforcement, etc.)</p> <p>Number of public awareness, outreach, and educational efforts to change attitudes, beliefs, and norms about opioid use.</p> <p>Number of coalition meetings and community partnership meetings/activities attended.</p>
<p><b>Partner Role/ Partner Resources</b></p>	
<p>Tackling the problem of non-medical opioid use and abuse requires a diverse and robust collaboration among multiple organizations and agencies. WCDH will work with numerous partners, including community groups, police departments, EMS workers/first responders, schools/colleges, mental health service providers, hospitals, pharmacists, physicians, drug</p>	

use prevention coalitions, NYSDOH, and other government agencies to achieve our CHIP goals.

*\*Naloxone trainings will continue to be conducted by WCDH contingent upon the receipt/availability of free Naloxone Overdose Rescue Kits from NYSDOH.*

## COMMUNICATIONS AND ENGAGEMENT STRATEGY

The Westchester County Health Planning Team has committed to convene quarterly over the next three years, and meetings will be hosted by the Westchester County Department of Health. These meetings will allow each hospital/stakeholder to brief the larger group on their progress, successes, and challenges with implementing their interventions. The Team will also meet to identify partnership opportunities toward achieving common project objectives.

To track progress and improvement, WCDH will utilize an existing internal reporting structure between the divisions of Health Promotion and Environmental Health, which executes the interventions; and, Planning and Evaluation, which tracks and analyzes the resulting data and prepares the CHA. Activities will be reported from Health Promotion and Environmental Health to Planning and Evaluation. The sources of the data may come from organizations who will partner with WCDH on activities or from within WCDH. WCDH will coordinate its evaluation efforts through internal meetings. While Planning and Evaluation will periodically assess the process measures to assure intervention progress and success, Health Promotion and Environmental Health will internally track activities as they occur.

The WCDH's website will feature the publication of the 2019-2021 CHIP, as well as the completed Community Health Assessment that supports the selection of the CHIP priorities. In addition, the Department will inform partners about the CHIP to ensure hospitals on the Health Planning Team receive a copy of the document.

## **2016-2018 COMMUNITY HEALTH IMPROVEMENT PLAN UPDATE**

Westchester County Department of Health's 2016-2018 Community Health Improvement Plan consisted of two priorities. Priority Area 1: Reduce Obesity in Children and Adults and Increase Access to High Quality Chronic Disease Preventative Care and Management in Both Clinical and Community Settings; and, Priority Area 2: Prevent Substance Abuse and Other Mental Emotional Behavioral Disorders. In collaboration with community-based organizations and hospitals, WCDH was able to implement many activities to reduce health disparities in its target populations.

The goal to increase access to Chronic Disease Preventive Care and Management was mostly accomplished. Chronic disease interventions included a healthy corner store/bodega initiative, a worksite wellness program addressing nutrition and exercise, health education/promotional material campaigns, and the offering of evidence-based self-management programs. Although goals were not fully met with the number of healthy corner stores and the creation of walking paths, both initiatives were well received and successful in the participating locations.

The goal to address Mental Health and Substance Use focused on opioid overdose prevention and included securing and promoting medication drop boxes, take-back events, and providing access to Naloxone was largely successful. The goal set for the number of people trained to administer Naloxone was far surpassed and interest has still not diminished.

The 2016-2018 CHIP process allowed the Department to address important public health issues and served as a guide for improving the health of Westchester County residents. It also provided us with some "lessons learned" that helped us shape the 2019-2021 CHIP.

Moving forward with the new CHIP cycle, the Department has decided to continue to focus on Chronic Disease Prevention and Substance Use Disorder prevention to align with the current needs of the community.

## APPENDIX A: WESTCHESTER COUNTY HEALTH PLANNING TEAM

Organization
<b>Blythedale Children’s Hospital</b>
<b>Montefiore Medical Center</b>
Montefiore Mount Vernon Hospital
Montefiore New Rochelle Hospital
Burke Rehabilitation Hospital
White Plains Hospital
<b>New York-Presbyterian</b>
NewYork-Presbyterian Hudson Valley Hospital
NewYork-Presbyterian Lawrence Hospital
<b>Northwell Health</b>
Northern Westchester Hospital
Phelps Memorial Hospital Center
<b>Saint Joseph’s Medical Center</b>
<b>St. John’s Riverside Hospital</b>
<b>Westchester Medical Center</b>
<b>Westchester County Department of Health</b>



<b>Do you have somebody that you think of as your personal doctor or health care provider?</b>			<input type="checkbox"/> Yes _____
			<input type="checkbox"/> No _____
<b>Has a doctor, nurse or other health professional told you that you had any of the following (check all that apply)?</b>			
<input type="checkbox"/> Arthritis	<input type="checkbox"/> COPD, emphysema, or chronic bronchitis	<input type="checkbox"/> Heart disease	
<input type="checkbox"/> Asthma		<input type="checkbox"/> Kidney disease	
<input type="checkbox"/> Cancer (excluding skin cancer)	<input type="checkbox"/> Depression/anxiety	<input type="checkbox"/> Hypertension	
<input type="checkbox"/> Skin cancer	<input type="checkbox"/> Diabetes (excluding during pregnancy)	<input type="checkbox"/> Other _____	
<b>Was there a time in the past 12 months when you needed to see a doctor but could not because of the following?</b>			
<b>Cost</b>	<input type="checkbox"/> Yes	<b>Transportation</b>	<input type="checkbox"/> Yes
	<input type="checkbox"/> No		<input type="checkbox"/> No
		<b>Unable to get an appointment</b>	<input type="checkbox"/> Yes
			<input type="checkbox"/> No
<b>What type of insurance do you use to pay for your doctor or hospital bills (check all that apply)?</b>			
<input type="checkbox"/> Your employer or a family member's employer	<input type="checkbox"/> Medicare	<input type="checkbox"/> Other _____	
<input type="checkbox"/> The New York State Marketplace (Exchange/Obamacare)	<input type="checkbox"/> Medicaid	<input type="checkbox"/> I don't have health insurance	
	<input type="checkbox"/> Military (TriCare or VA)		
	<input type="checkbox"/> COBRA		
<b>During the past 30 days, have you felt emotionally upset, for example, angry, sad, or frustrated, as a result of how you were treated based on any of the following...</b>			
<b>Age</b>	<input type="checkbox"/> Yes	<b>Sexual orientation</b>	<input type="checkbox"/> Yes
	<input type="checkbox"/> No		<input type="checkbox"/> No
<b>Gender identity</b>	<input type="checkbox"/> Yes	<b>Perceived immigration status</b>	<input type="checkbox"/> Yes
	<input type="checkbox"/> No		<input type="checkbox"/> No
<b>Race/Ethnicity</b>	<input type="checkbox"/> Yes	<b>Religion</b>	<input type="checkbox"/> Yes
	<input type="checkbox"/> No		<input type="checkbox"/> No
<b>The next set of questions will be used to describe who responds to the survey and will not be examined individually. Please remember that your responses are anonymous.</b>			
<b>What is your current gender identity?</b>			
<input type="checkbox"/> Female	<input type="checkbox"/> Trans female/Trans woman	<input type="checkbox"/> Gender not listed (please state): _____	
<input type="checkbox"/> Male	<input type="checkbox"/> Trans male/Trans man		
<input type="checkbox"/> Non-binary person/Gender non-conforming			
<b>What is your age?</b>			
<input type="checkbox"/> 18-24	<input type="checkbox"/> 45-54	<input type="checkbox"/> 75+	
<input type="checkbox"/> 25-34	<input type="checkbox"/> 55-64		
<input type="checkbox"/> 35-44	<input type="checkbox"/> 65-74		
<b>What is the highest grade or year of school you completed?</b>			
<input type="checkbox"/> Less than high school	<input type="checkbox"/> Some college or technical school	<input type="checkbox"/> Advanced or professional degree	
<input type="checkbox"/> High school grad/GED	<input type="checkbox"/> College graduate		
<b>What is the ZIP Code where you currently live?</b> _____			
<b>Are you of Hispanic or Latino origin?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No			
<b>Which one the following best describes your race?</b>			
<input type="checkbox"/> White	<input type="checkbox"/> Asian/Pacific Islander	<input type="checkbox"/> Multi-racial	
<input type="checkbox"/> Black/African American	<input type="checkbox"/> American Indian/Alaskan Native	<input type="checkbox"/> Other _____	
<b>Are you currently?</b>			
<input type="checkbox"/> Employed	<input type="checkbox"/> A homemaker	<input type="checkbox"/> Unable to work	
<input type="checkbox"/> Self employed	<input type="checkbox"/> Student	<input type="checkbox"/> Other _____	
<input type="checkbox"/> Out of work	<input type="checkbox"/> Retired		
<b>What is the primary language spoken in your home?</b>			
<input type="checkbox"/> English	<input type="checkbox"/> Portuguese	<input type="checkbox"/> Other _____	
<input type="checkbox"/> Spanish	<input type="checkbox"/> Chinese		
<input type="checkbox"/> Italian	<input type="checkbox"/> French		

## APPENDIX C: HEALTH PLANNING TEAM MEETINGS

The Health Planning Team met on the following days for the associated undertakings:

### August 17, 2018

- Survey Sampling Planning
  - Target areas and populations
  - Target number of surveys
- Survey Distribution
  - Review of sites and agencies
  - Language requirements
- Survey Timeline
  - Consumer and provider feedback

### November 8, 2018

- Finalization of survey
  - Translations
  - Submission of logos
  - Release timeline
  - How will survey be circulated
  - Entry of paper records
- Discussion on RFA for a Health Summit
  - Review and edit created draft
  - Who will release document
  - Who and when will review submissions

- Length of submission
- Confirm logistics

**January 18, 2019**

- Working meeting with edits on Community Health survey:
  - Set time frame and discussed distribution efforts
- Discussed RFA for a Health Summit
  - Began choosing invitees, dates, times, etc.

**February 8, 2019**

- Working meeting to discuss current results for the first week of survey going live
- Compare and Contrast entries for RFA to facilitate and report on Health Summit

**February 22, 2019**

- Community Health Summit Planning meeting

**March 22, 2019**

- Conference call with chosen facilitating company (Premier) for Health Summit Planning

**March 29, 2019**

- Conference call with Premier for final planning for Health Summit

**April 5, 2019**

- Half Day Health Summit

**April 23, 2019**

- Conference call with survey and Health Summit results

**May 10, 2019**

- Discussion on Health Summit reports and process for selection of Health Priorities

**July 22, 2019**

- Priority areas selected for WCDH and each hospital
- Suggested activities to address Promote Mental Health & Prevent Substance Use Priority area

**September 20, 2019**

- Review and Discuss CHIP Priorities and Activities by Agency