

You
are
invited
to join

People Helping People

A
Cancer
Support
Group

Every Wednesday • 11 a.m. to Noon

Radiation Medicine Suite • Westchester Medical Center

This special group offers patients the opportunity to meet with others facing the crisis of cancer in a supportive group setting. Educational information about illness and treatment that may be helpful during and after treatment is also presented. Patients are welcome to bring a friend or family member. The group is facilitated by a certified social worker and oncology nurse.

Co-Facilitators:

Jean Ritacco, RN, OCN Regina Kristan, CSW
Oncology Certified Nurse Oncology Clinical Social Worker

Call (914) 4 CANCER to register and for information.

Zalmen A. Arlin Cancer Institute at Westchester Medical Center
Radiation Medicine Service



WESTCHESTER MEDICAL CENTER
WORLD-CLASS MEDICINE THAT'S NOT A WORLD AWAY[®]

Curing the Body • Healing the Spirit • Making the Connection

Zalmen A. Arlin Cancer Institute
at Westchester Medical Center

ANNOUNCES

Cancer Caregiver Connection

A WEEKLY SUPPORT GROUP OFFERING STRENGTH FOR
THOSE WHO CARE FOR OTHERS

Zalmen A. Arlin Cancer Institute • Resource Center
Medical Arts Atrium • North Tower • 2nd floor • Suite 2000
19 Bradhurst Avenue • Hawthorne, NY

Wednesdays • 4 to 5 p.m.

Presented by registered oncology nurses and certified social workers.
Co-facilitators: Gregg Felice, CSW & Carmel Sauerland, MSN

Families & friends welcome.

For more information or to join the group, please call 914-4-CANCER



WESTCHESTER MEDICAL CENTER
WORLD-CLASS MEDICINE THAT'S NOT A WORLD AWAY®

ANNOUNCING
THERAPIST-LED
SUPPORT
GROUPS
FOR

Women living with Cancer

Our therapists have extensive experience working with persons facing life-threatening illness and with groups.



Kenneth M. Pollock, Ph.D.
Clinical Psychologist
Behavioral Health Center at
Westchester Medical Center
Assistant Clinical Professor of
Psychiatry
New York Medical College



Margot M. Scheeps, CNS/NP
Clinical Nurse Specialist in
Mental Health
Westchester Medical Center

Are you...

Feeling alone with your thoughts and emotions?

Wondering if you are a burden to those close to you?

Baffled about all the options offered and well-intended advice?

Looking for a way to refocus your priorities?

Questioning the direction and the meaning of life?

Confused about where to concentrate your energies?

Two separate Support Groups for women with:

- newly diagnosed breast cancer
- recurrent or advanced cancer of any type

Meetings for both groups will be held Wednesday evenings at the Zalmen A. Arlin Cancer Institute • Cancer Resource Center
19 Bradhurst Avenue • North Tower, 2nd Floor • Hawthorne, NY

The cost of support meetings are frequently covered by insurance. Sliding fee based on ability to pay also available.

*For information or to join today,
call (914) 4 CANCEr*



Sponsored by the
Zalmen A. Arlin Cancer Institute at Westchester Medical Center
in collaboration with the