

GEORGE LATIMER, Westchester County Executive

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FOR IMMEDIATE RELEASE

Contact: Catherine Cioffi

Communications Director

Office - (914) 995-2932

Cell- (914) 954 -5579

CCioffi@westchestergov.com

Caren Halbfinger

Office – (914) 813-5013

Cell- (914) 224-7651

HEPATITIS A EXPOSURE APRIL 17th – MAY 1st AT WINSTON IN MOUNT KISCO
Free Preventive Treatment Provided Tuesday –Friday by Westchester County Health Department

(White Plains, NY) – The health department learned today that an employee with Hepatitis A worked at Winston restaurant in Mount Kisco while infectious. Anyone who was at the restaurant from April 17 – May 1 may have been exposed.

The Westchester County Department of Health is offering free preventive treatment this week to individuals who ate or drank at Winston between April 23 and May 1. Preventive treatment is only effective if given within two weeks of the last day of exposure. **Therefore, those who dined on April 23 must receive preventive treatment tomorrow, May 7.**

Those who dined on April 24 through May 1 have more time, but must receive preventive treatment within two weeks of their exposure.

Anyone who was at the restaurant from April 17 – April 21 is outside the period for preventative treatment and should contact their health care provider.

No one with a prior history of Hepatitis A vaccination or Hepatitis A infection needs to be treated. The health department will offer preventive treatment at the Health Department Clinic, 134 Court Street, White Plains, on the following dates and times:

- Tuesday, May 7, 10 a.m. to 4 p.m., walk-in
- Wednesday, May 8, 10 a.m. to 6:30 p.m., pre-register online
- Thursday, May 9, 10 a.m. to 6:30 p.m., pre-register online
- Friday, May 10, 10 a.m. to 6:30 p.m., pre-register online

A parent/guardian to provide consent must accompany anyone under 18 years of age.

Advance registration for the county preventive clinic is highly recommended. To register, go to www.health.ny.gov/gotoclinic/60. Their own health care provider can also treat restaurant patrons with exposure.

Although those who dined at the restaurant between April 17 and April 21 are outside the window to receive

preventive treatment, they should contact their health care provider immediately if they experience symptoms so that anyone they may have exposed can receive preventive treatment.

Sherlita Amler, MD, Commissioner of Health, said: “I urge anyone who is eligible for treatment to get a Hepatitis A vaccine. There are no special medications used to treat a person once symptoms appear, but Hepatitis A transmission to others can be prevented through proper handwashing.”

Hepatitis A is transmitted by consuming food or drinks or by using utensils that have been handled by an infected person. It may also be spread from person to person by ingesting something that has been contaminated with the stool of a person with Hepatitis A. Casual contact, such as sitting together, does not spread the virus.

Hepatitis A is generally a mild illness whose symptoms include fatigue, fever, poor appetite, abdominal pain, diarrhea, dark urine, light colored stool and jaundice, which is the yellowing of the skin and whites of the eyes. Not everyone infected with Hepatitis A will have all of its symptoms. Symptoms commonly appear within 28 days of exposure, with a range of 15 to 50 days. Preventive treatment is only effective within two weeks of exposure to the virus, but symptoms typically do not appear until a person has had the virus for a few weeks. The illness is rarely fatal and most people recover in a few weeks without any complications.

Winston is cooperating with the Health Department and is voluntarily closing Tuesday to conduct a thorough cleaning. After the staff have been vaccinated and the restaurant has been re-inspected and approved by the Westchester County Department of Health, the restaurant will reopen.

About Westchester County

Westchester County, located in the heart of the historic Hudson Valley, covers 500 square miles and has a population of just under a million. Originally home to Native Americans, who were members of the Lenape tribe, it is today a rich mix of many cultures and landscapes. The County is a blend of bustling cities, quaint villages and picturesque towns as well as open spaces and a network of beautiful parks. Westchester is made up of 6 cities, 19 towns and 20 villages. Westchester County is known for top-notch public schools, and a high quality of life. The County is also an intellectual capital, boasting a highly educated workforce, competitive colleges and universities, Fortune 500 companies, world changing non-profits, and cutting-edge research centers. Westchester is led by County Executive George Latimer, who took office in January 2018 as the ninth County Executive. Using inclusion and openness as a foreground, Latimer is fighting to make Westchester a destination for all people to live, work and enjoy. Learn more about Westchester County by visiting www.westchestergov.com

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