

COVID-19 Isolation & Testing

If you have symptoms of COVID-19, or if you have been in contact with someone who is infected, you will be asked to stay apart from others. This is also called isolation or quarantine. COVID-19 spreads easily. Staying apart helps stop the virus from spreading.

Symptoms Include

Fever, Cough, Difficulty Breathing



Other symptoms may include chills, muscle aches, headache, sore throat, abdominal pain, vomiting, diarrhea, runny nose, fatigue, wheezing, or new loss of taste or smell.

Housing for Isolation

- If you do not have a separate bedroom and bathroom that allows you to isolate or quarantine away from others in your home, call (866) 588-0195* to arrange for FREE temporary housing during your isolation or quarantine period.

Where to Get Tested

- Call the New York State COVID-19 Hotline at 1-888-364-3065* or visit <https://coronavirus.health.ny.gov/find-test-site-near-you> to find a testing site near you.
- Testing is FREE if you go to a test site run by New York State.

Additional Resources

- Any New Yorker under an order to stay home may be eligible for job-protected sick leave and compensation. Learn more at <https://coronavirus.health.ny.gov/know-your-rights>
- If you need help caring for yourself or your children while in isolation or quarantine, call (866) 588-0195*.

* All calls are confidential