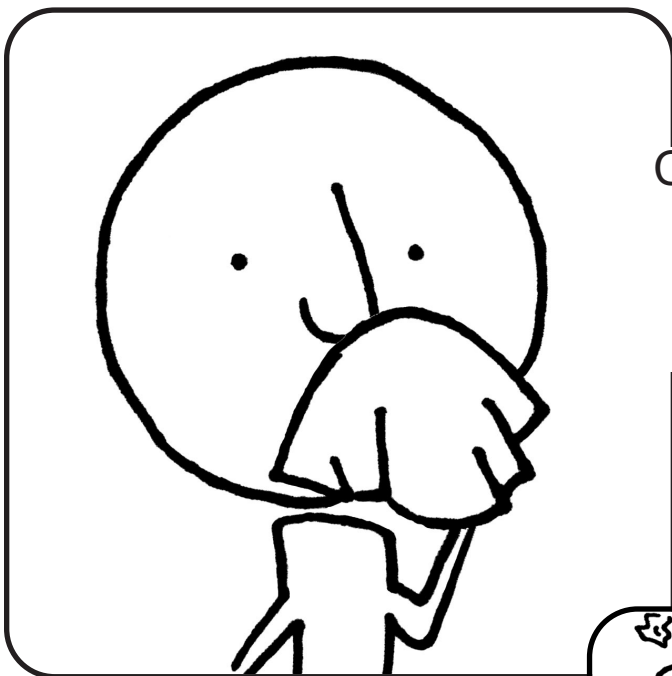


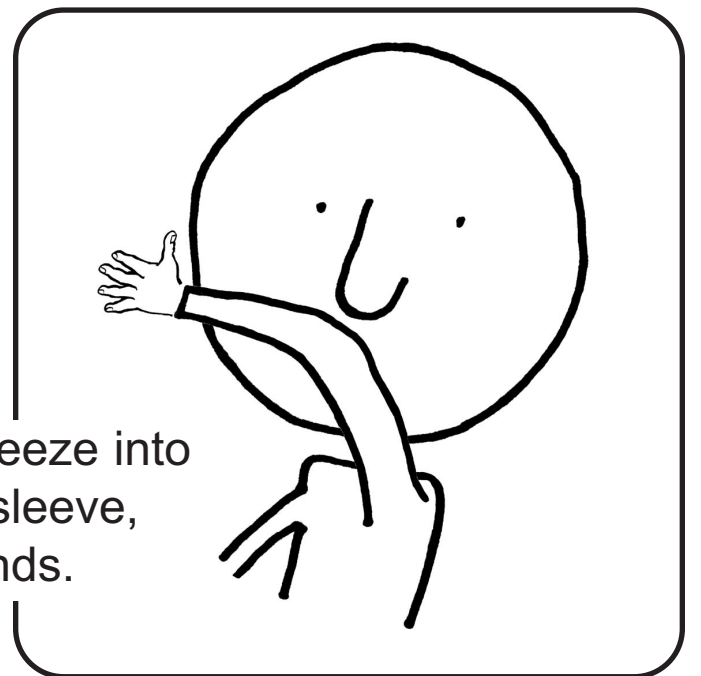
Stop the spread of germs that make you and others sick!

Cover your Cough

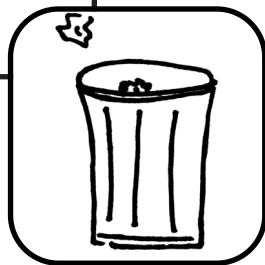


Cover your mouth and nose with a tissue when you cough or sneeze

or
cough or sneeze into your upper sleeve, not your hands.

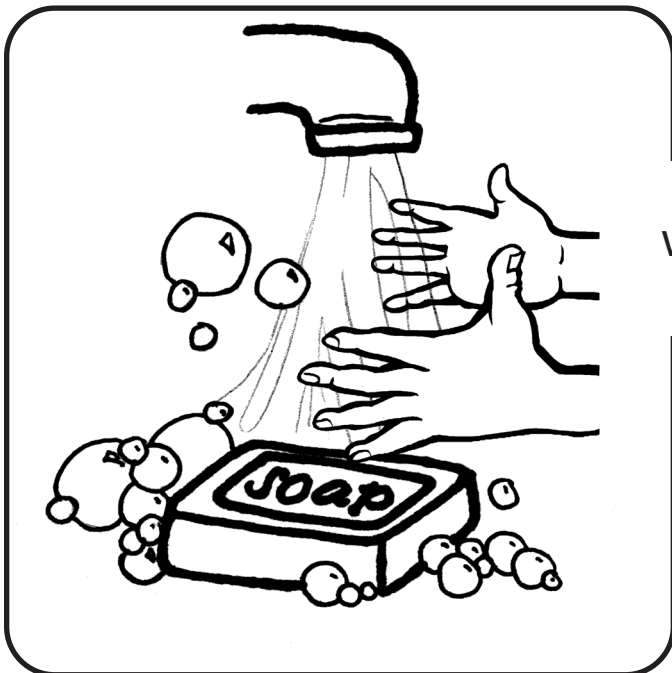


Put your used tissue in a waste basket.



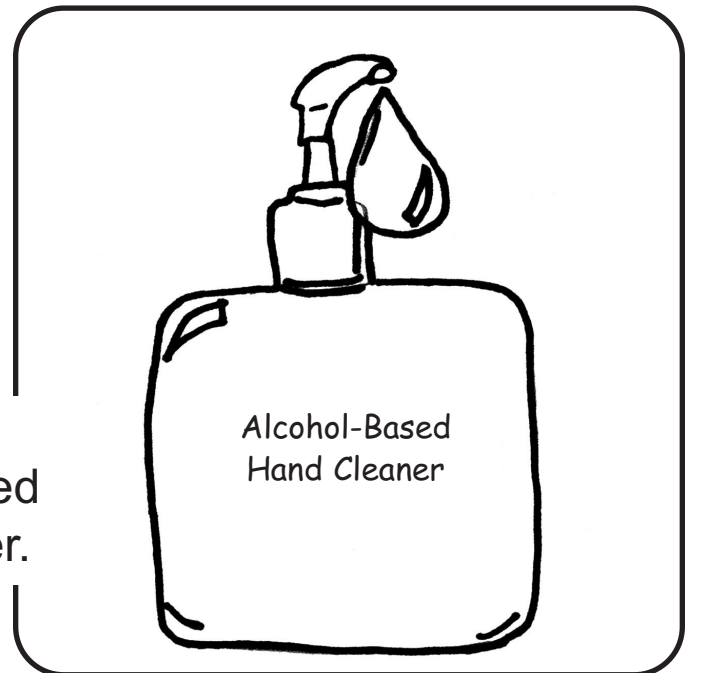
Wash your Hands

after coughing or sneezing.



Wash hands with soap and warm water

or
clean with alcohol-based hand cleaner.



Alcohol-Based
Hand Cleaner

Special thanks to the Minnesota Department of Health and the Minnesota Antibiotic Resistance Collaborative. 3/04