



A Reason to Quit

Smoking boosts
your risk of invasive
pneumonia.

- Smokers account for half of all adults with severe pneumonia infections.
- Pneumonia can also cause infection of the bloodstream and meningitis.
- Smokers 19 years and older should get the pneumococcal vaccine (pneumonia shot).

Talk to your doctor about getting the **pneumonia shot. And call **1-866-NY-QUITS**.**

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