

CAMP AQUATICS DIRECTOR

for NYS Children's Camp Bathing Facilities

Fact Sheet – March 2018

A camp aquatics director must oversee all swimming activities that occur at swimming pools and bathing beaches operated as part of a children's camp. This person shall supervise lifeguards and other required staff during swimming activities and implement the camp safety plan. The camp aquatics director must:

- be at least 21 years of age
- have a minimum of:
 - one season of previous experience as a camp aquatics director at a New York State children's camp; or
 - two seasons of previous experience consisting of at least 12 weeks as a children's camp lifeguard which had more than one lifeguard supervising it at a time; or
 - 18 weeks of previous experience as a lifeguard at a swimming pool or bathing beach, which had more than one lifeguard supervising it at a time.
- hold an accepted and current cardiopulmonary resuscitation (CPR) certificate as listed on the Fact Sheet entitled "[Cardiopulmonary Resuscitation \(CPR\) Certification for NYS Children's Camps and NYS Bathing Facilities](#)"
- annually review and document the review of the camp's safety plan for swimming
- possess current certification in a training course for lifeguard supervision and management as described below:

Acceptable Lifeguard Supervision and Management Courses	
(Certifications are valid for the time period specified by the provider, but may not exceed three years from the date of course completion.)	
Provider	Certification Title
American Red Cross (ARC) Lifeguard Management (LGM) certifications: <ul style="list-style-type: none"> – LGM is only offered online. In-person testing is required and obtained through ARC Lifeguarding Instructors that are ARC Authorized Providers. – Certification expiration date is based on the LGM certificate, not the in-person testing certificate date. 	<ul style="list-style-type: none"> ➤ Lifeguard Management – certifications must be accompanied by a separate certification indicating in-person testing session. ➤ Lifeguarding Instructor ➤ Waterfront Lifeguarding Instructor
Boy Scouts of America	➤ Aquatics Instructor, BSA
New York State Department of Environmental Conservation	➤ New York State Lifeguard Management
YMCA	➤ Aquatics Management – certification is no longer offered. Existing certifications are valid for three years from date of certification, but no later than 12/31/2018.

An Aquatics Director may not perform lifeguard duties unless currently certified as a qualified lifeguard, or assess swimming ability unless currently certified as a progressive swimming instructor (see corresponding Fact Sheets available at www.health.ny.gov or from your local health department).

CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATION

for NYS Children's Camps and NYS Bathing Facilities

Fact Sheet – March 2018

The New York State Sanitary Code (SSC) requires certain staff to possess a valid two-rescuer CPR certification in a course accepted by the Department as providing an adequate level of training as follows:

Children's Camps (Subpart 7-2 of the SSC) - CPR certification is required for the health director and other staff specified in sections 7-2.8 and 7-2.11(a)(5), aquatics director, lifeguards, and certain trip and activity leaders¹.

Swimming Pools and Bathing Beaches (Part 6 of the SSC) - CPR certification is required for all lifeguards (Supervision Levels I, IIa, IIb).

CPR CERTIFICATIONS ARE VALID FOR 1 YEAR FROM THE DATE OF CERTIFICATION, REGARDLESS OF EXPIRATION DATE ON CARD

Accepted Courses	
Provider	Certification Title
American Heart Association	<ul style="list-style-type: none"> ➤ BLS Instructor ➤ BLS Provider (Course title - Basic Life Support)
American Lifeguard Association	<ul style="list-style-type: none"> ➤ CPR/AED for the Professional Rescuer Instructor Led
American Red Cross *Any certification title containing the following wording is acceptable, including "Review" or "Challenge": <ul style="list-style-type: none"> • "CPR/AED for Professional Rescuers"; or • "Basic Life Support for Healthcare Providers" 	<ul style="list-style-type: none"> ➤ CPR/AED for Professional Rescuers and Healthcare Providers* ➤ CPR/AED for Professional Rescuers* ➤ CPR/AED for Professional Rescuers with First Aid* ➤ Basic Life Support for Healthcare Providers* ➤ Lifeguarding/First Aid/CPR/AED - Title may include "Review"
American Safety & Health Institute	<ul style="list-style-type: none"> ➤ Basic Life Support BLS for Healthcare Providers and Professional Rescuers
Emergency Care and Safety Institute	<ul style="list-style-type: none"> ➤ Health Care Provider CPR & AED
EMS Safety Services, Inc. (EMS Safety)	<ul style="list-style-type: none"> ➤ BLS for Healthcare Providers - Certification must indicate that Adult CPR, Child CPR, and Infant CPR were taught
Heart & Stroke Foundation of Canada	<ul style="list-style-type: none"> ➤ BLS HCP Heartsaver (C) Provider ➤ BLS Provider ➤ Healthcare professional/AED (C) 5H
National Safety Council	<ul style="list-style-type: none"> ➤ Basic Life Support for Healthcare & Professional Rescuers
New York City Department of Parks & Recreation	<ul style="list-style-type: none"> ➤ Municipal CPR: Basic Life Support
New York State Department of Environmental Conservation	<ul style="list-style-type: none"> ➤ CPR/AED for Lifeguards, Camp Counselors and Camp Directors
Regional Emergency Medical Services Council of New York City	<ul style="list-style-type: none"> ➤ CPR PLUS
St. John Ambulance Canada	<ul style="list-style-type: none"> ➤ CPR Level C & AED

¹ A trip leader of a camp trip that includes an activity where emergency medical care is not readily available or an activity such as wilderness hiking, rock climbing, camping, horseback riding, bicycling, swimming and/or boating shall possess or be accompanied by staff who possess certification in a course listed on this Fact Sheet.

An activity leader of an activity on the camp property where other CPR certified staff is not readily available shall possess or be accompanied by staff who possess certification in a course listed on this Fact Sheet.

Learn-to-Swim Programs for NYS Children's Camps

Fact Sheet – March 2018

[Subpart 7-2](#) of the State Sanitary Code allows non-swimmers to enter water that is chest deep or greater when participating in a learn-to-swim program that has been determined to use a supervision protocol which protects campers from injury or drowning. The following programs have been determined to be acceptable:

Acceptable Programs*
American Red Cross
Boy Scouts of America
Orchard Park Recreation
PADI
Starfish Aquatics
YMCA

- Instructors must possess current certification as a [progressive swimming instructor](#) (PSI) in the program being utilized to teach swimming.
- Qualified lifeguards must supervise learn-to-swim programs. A PSI may not perform lifeguard duties unless currently certified as a qualified lifeguard (see "[Aquatic Certification](#)" fact sheet) and he/she is not concurrently performing teaching duties.
- A Buddy System and Board System (or equivalent) of supervising and checking bathers must be implemented during all swimming activities including learn-to-swim programs.

* Children's camps may utilize learn-to-swim programs that are not listed above to teach swimming at camp; however, non-swimmers must be restricted to water that is less than chest deep at all times.

FIRST AID CERTIFICATIONS

for NYS Children’s Camp Staff

Fact Sheet – March 2018

[Subpart 7-2](#) of the State Sanitary Code requires the health director, other staff specified in section 7-2.8, and certain camp trip and activity leaders¹ to possess valid certification in first aid. The courses listed below have been accepted by the Department as being equivalent to or exceeding first aid course standards specified in Section 7-2.2(m). Some medical personnel may possess training and experience that is equivalent to or exceeds this certification requirement. Documentation demonstrating training should be submitted to the local permit-issuing official for evaluation.

Acceptable certifications for camp CPR staff are listed on the Fact Sheet titled [Cardiopulmonary Resuscitation \(CPR\) Certification for NYS Children’s Camps and NYS Bathing Facilities](#).

Accepted Courses	
(First Aid certifications are valid for the time period specified by the provider, but may not exceed three years from the date of course completion.)	
Provider	Certification Title
American Red Cross	<ul style="list-style-type: none"> ➤ Emergency Medical Response – Title may include “Review” or “Challenge” ➤ Responding to Emergencies – Any certification title containing the wording “Responding to Emergencies” is acceptable, including “Review” or “Challenge” ➤ Wilderness and Remote First Aid
American Safety & Health Institute	<ul style="list-style-type: none"> ➤ Advanced First Aid – Certification must be accompanied by a Recognition of Participation in the ASHI training program approved by the New York State Department of Health ➤ Basic Wilderness First Aid ➤ Wilderness First Aid ➤ Wilderness First Responder ➤ Wilderness EMT
Canadian Red Cross Society	<ul style="list-style-type: none"> ➤ Standard First Aid & CPR
Emergency Care and Safety Institute	<ul style="list-style-type: none"> ➤ Advanced First Aid ➤ Emergency Medical Responder ➤ Wilderness First Aid BSA (16 hours) (course title – Boy Scouts of America Wilderness First Aid) ➤ Wilderness First Aid Basic ➤ Wilderness First Aid Standard ➤ Wilderness First Aid Advanced Level
National Registry of Emergency Medical Technicians²	<ul style="list-style-type: none"> ➤ Emergency Medical Responder ➤ Emergency Medical Technician ➤ Advanced Emergency Medical Technician ➤ Paramedic
National Safety Council	<ul style="list-style-type: none"> ➤ Emergency Medical Response ➤ Advanced First Aid (course title – Advanced First Aid, CPR & AED)
National Ski Patrol	<ul style="list-style-type: none"> ➤ Outdoor Emergency Care Technician
New York State Department of Environmental Conservation	<ul style="list-style-type: none"> ➤ Summer Camp First Aid for Camp Counselors and Camp Directors
New York State Department of Health	<ul style="list-style-type: none"> ➤ Certified First Responder ➤ EMT – Basic ➤ Advanced Emergency Medical Technician ➤ Critical Care ➤ Paramedic

NOLS Wilderness Medicine Institute (formerly Wilderness Medicine Institute of the National Outdoor Leadership School)	<ul style="list-style-type: none"> ➤ Wilderness Advanced First Aid ➤ Wilderness First Responder ➤ Wilderness EMT
St. John Ambulance Canada	<ul style="list-style-type: none"> ➤ Medical First Responder ➤ Emergency Medical Responder ➤ Standard First Aid
SOLO Wilderness Emergency Medicine	<ul style="list-style-type: none"> ➤ Wilderness First Aid ➤ Wilderness First Responder ➤ Wilderness EMT
Wilderness Medical Associates	<ul style="list-style-type: none"> ➤ Wilderness Advanced First Aid ➤ Wilderness First Responder ➤ Wilderness EMT ➤ Wilderness First Aid 16 Hours – Wilderness First Aid option B – 16 Hours is not acceptable

¹A trip leader of a camp trip that includes an activity where emergency medical care is not readily available or an activity such as wilderness hiking, rock climbing, camping, horseback riding, bicycling, swimming and/or boating shall possess or be accompanied by staff who possess certifications in one of the above acceptable courses; for camp trip swimming activities where emergency medical care is readily available, the certifications listed below may be substituted.

An activity leader of an activity on the camp property where other staff certified in first aid in accordance with Section 7-2.8 of Subpart 7-2 is not readily available, shall possess or be accompanied by staff who possess certifications in one of the above acceptable courses.

²Most states utilize the National curriculum for their EMT certifications. Individuals that can provide proof that their state utilizes the National curriculum may be accepted. EMT certifications from states that do not utilize the National curriculum may be accepted on a case by case basis.

PROGRESSIVE SWIMMING INSTRUCTOR*

for NYS Children's Camps

Fact Sheet – March 2018

A progressive swimming instructor is required to assess the swimming ability of each camper prior to allowing the child to participate in aquatic activities.

The following courses meet the certification requirements as specified in Section 7-2.5(f) of [Subpart 7-2](#) of the New York State Sanitary Code:

Accepted Courses	
Provider	Certification Title
American Red Cross (ARC)	<ul style="list-style-type: none"> ➤ Water Safety Instructor ➤ Basic Swim Instructor
Boy Scouts of America	<ul style="list-style-type: none"> ➤ Aquatics Instructor, BSA
Canadian Red Cross	<ul style="list-style-type: none"> ➤ Water Safety Instructor
Orchard Park Recreation	<ul style="list-style-type: none"> ➤ Western New York Swimming Instructor ➤ Western New York Swimming Instructor Trainer
PADI	<ul style="list-style-type: none"> ➤ PADI Swimming Instructor <p>Certifications must indicate specialty program training in both Stroke and Swim School</p>
Starfish Aquatics Institute	<ul style="list-style-type: none"> ➤ Starfish Swimming Instructor <p>Certifications must indicate specialty program training in both Stroke and Swim School</p>
YMCA	<ul style="list-style-type: none"> ➤ YMCA Swim Lessons Instructor

* A progressive swimming instructor may not perform lifeguard duties unless currently certified as a qualified lifeguard (see "[Aquatic Certifications](#)" fact sheet) and the individual is not concurrently performing instructional duties.

AQUATIC CERTIFICATIONS for NYS Bathing Facilities

Fact Sheet – March 2018

Standards for aquatic/lifeguard certifications are contained in New York State Sanitary Codes (SSC) [Subpart 6-1](#), Section 6-1.31, Swimming Pools; [Subpart 6-2](#), Section 6-2.20, Bathing Beaches; and [Subpart 7-2](#), Section 7-2.5(g), Children’s Camps. When the SSC requires "lifeguard supervision" or a "qualified lifeguard" at a bathing facility, an approved lifeguard certification SPECIFIC to the type of bathing facility is required.

NOTE:

- **All lifeguards must possess separate cardiopulmonary resuscitation (CPR) certification in an approved course listed on the [NYS CPR fact sheet](#) unless otherwise indicated in the below table. All CPR certificates are valid for 1 year from course completion, regardless of the expiration date noted on the card.**
- Lifeguard certifications shall be valid for the time period specified by the certifying agency, but may not exceed a consecutive 3-year period from course completion. Multiyear lifeguard certifications that include CPR require a CPR certification each year.
- Children's camp lifeguards must be at least 17 years of age, except;
 - A maximum of 50% of the required lifeguards on duty may be 16 years of age;
 - Lifeguards for wilderness swimming must be at least 18 years of age.
- Supervising lifeguards must possess at least Supervision Level IIb certification, be at least 18 years old, and have at least 2 seasons of lifeguarding experience.

ACCEPTED COURSES		SUPERVISION LEVEL <i>Marked boxes indicate acceptability</i>		
PROVIDER	CERTIFICATION TITLE	Level I Surf	Level II b Pool & Beach	Level II a Pool Only
American Red Cross (ARC) LIFEGUARDING AND FIRST AID CERTIFICATIONS ARE VALID FOR 2 YEARS FROM DATE OF ISSUANCE. A SEPARATE CERTIFICATE FOR CPR IS NOT REQUIRED IN FIRST YEAR OF CERTIFICATION. *CERTIFICATION TITLES THAT INCLUDE "REVIEW" ARE ACCEPTABLE. †WATERPARK SKILLS or WATERFRONT SKILLS MAY BE A SEPARATE CERTIFICATE ACCOMPANYING THE LIFEGUARDING/FIRST AID/CPR/AED CERTIFICATE.	Lifeguarding/First Aid/CPR/AED*			X
	Lifeguarding, Waterpark Skills/First Aid/CPR/AED*, †			X
	Lifeguarding Basic-Level test for Lifeguarding Instructors			X
	Lifeguarding, Waterfront Skills/First Aid/CPR/AED*, †		X	X
	Lifeguarding Basic-Level test for Lifeguarding Instructors with Waterfront Skills Certificate		X	X
American Lifeguard Association (ALA) CERTIFICATE MUST STATE THE WORDS "INSTRUCTOR LED".	Professional Lifeguarding - Instructor Led			X
	Waterpark Lifeguarding - Instructor Led			X
	Waterfront Lifeguarding - Instructor Led		X	X
Boy Scouts of America (BSA) ALL CERTIFICATIONS ARE VALID FOR 2 YEARS FROM DATE OF ISSUANCE AND CARD HOLDER MUST BE AT LEAST 15 YEARS OF AGE (17 YEARS OF AGE FOR CHILDREN'S CAMPS).	Lifeguard, BSA		X	X
	Aquatics Instructor, BSA		X	X
Breezy Point Cooperative, Inc.	Breezy Point Surf Lifeguard	X		
Cattaraugus County EMS	Cattaraugus County EMS Lifeguard Training Program		X	X
Ellis & Associates Inc. International Lifeguard Training Program SEPARATE CERTIFICATE FOR CPR IS NOT REQUIRED IN THE FIRST YEAR OF CERTIFICATION.	Pool Lifeguard Training			X
	Special Facilities Lifeguard Training			X
	Special Facilities Lifeguard Training with Open Water Training		X	X
Ellis Education Services International Lifeguard Training Program ALL CERTIFICATIONS ARE VALID FOR 1 YEAR. SEPARATE CERTIFICATE FOR CPR IS NOT REQUIRED.	Lifeguard Training – Pool			X
	Lifeguard Training – Special Facilities			X
	Lifeguard Training – Open Water		X	X

ACCEPTED COURSES		SUPERVISION LEVEL <i>Marked boxes indicate acceptability</i>		
PROVIDER	CERTIFICATION TITLE	Level I Surf	Level II b Pool & Beach	Level II a Pool Only
Hamptons Consortium	Hamptons Consortium Surf Lifeguard	X	X	X
Incorporated Village of Saltaire	Ocean Lifeguard Certificate	X		
	Bay Front Lifeguard Certificate		X	
LIFEGUARD-PRO ALL CERTIFICATIONS ARE VALID FOR 1 YEAR.	LIFEGUARD-SWIMMING POOL			X
	LIFEGUARD-DEEP POOL			X
	LIFEGUARD-WATER PARK			X
	LIFEGUARD-WATERFRONT		X	X
	LIFEGUARD-YOUTH CAMP		X	X
Nassau County Department of Parks, Recreation and Museums	"Day Camp Only"			X
	Grade 1A			X
	Grade 1B			X
	Grade II		X	X
	Grade III	X	X	X
New York City Department of Parks	Municipal Lifeguard	X	X	X
	Municipal Lifeguard "pool only"			X
New York State Department of Environmental Conservation	New York State Lifeguard		X	X
Royal Life Saving Society, Canada ALL CERTIFICATIONS ARE VALID FOR 2 YEARS FROM DATE OF ISSUANCE.	National Lifeguard Service (NLS) Pool			X
	National Lifeguard Service (NLS) Waterfront		X	
	National Lifeguard Service (NLS) Surf	X		
	National Lifeguard Service (NLS) Waterpark			X
Starfish Aquatics Institute, Inc. CERTIFICATION IS VALID FOR 1 YEAR FROM DATE OF ISSUANCE AND CERTIFICATE MUST SPECIFY "MEETS NY STATE DEPARTMENT OF HEALTH REGULATIONS." SEPARATE CERTIFICATE FOR CPR IS NOT REQUIRED. *IN "SPECIALTY MODULE TRAINING" SECTION OF CERTIFICATION CARD, "WATERFRONT" MUST NOT BE CROSSED OUT.	STARGUARD Lifeguard Certification Program Lifeguard Certification Card			X
	StarGuard Best Practices for Lifeguards with Waterfront Specialty Module Training*		X	X
Suffolk County Department of Parks	Ocean Lifeguard Training	X		
	Stillwater Lifeguard Training Course		X	
Town of Babylon	Ocean Lifeguard	X	X	X
	Stillwater Lifeguard Training Course		X	X
Town of Brookhaven	Ocean Theory Course	X	X	X
Town of East Hampton	Surf Lifeguard	X	X	X
	Pool and Beach Lifeguard		X	X
Town of Islip	Surf Lifeguard	X	X	X
	Pool and Beach Lifeguard		X	X
Town of Southampton	Ocean Lifeguard	X	X	X
	Stillwater Lifeguard		X	X
Village of Ocean Beach	Ocean Beach Atlantic Ocean Lifeguard Course	X	X	X
YMCA	YMCA Lifeguard v6 Certification		X	X