

GEORGE LATIMER, Westchester County Executive

Date: January 29, 2018
FOR IMMEDIATE RELEASE
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Health Department Recommends Parents and Caregivers Keep Close at Bath Time

To mark National Bath Safety Month, Health Commissioner Sherlita Amler, MD, reminds parents and caregivers of the importance of constantly supervising baths for children age five and under.

“Tub time is together time,” Amler said. “When a young child is bathing, an adult should always be within arm’s reach. Avoid distractions. Turn off your phone and never leave the child’s side, even for a moment, because young children can drown in a small amount of water.”

Follow these simple ABCS for a safe bath every time:

- **A - Always** stay within arm’s reach and avoid distractions.
- **B - Before** placing a young child in the bath, gather everything needed, from soap and washcloths to toys and towels.
- **C- Children** should never be placed in charge of a younger child’s bath.
- **S- Seats**, rings and floats should only be used while an adult is watching.

To avoid burns, test the temperature of the bath water on the inside of your wrist before helping a child into the tub. Prevent falls by placing a non-slip bathtub mat inside the tub and a rubber-backed bathmat beside the tub.

For more health and safety tips, visit www.westchestergov.com/health and www.westchestergov.com; Like us on Facebook at whealthdept or follow us on Twitter @whealthdept.

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