



Westchester County Department of Health

2016.04



@wchealthdept

#keephealthy

Community Health Assessment Data Update

KEEP
HEALTHY
AND
GET
THE STATS

Self-Reported Health Status, 2013-2014

Update from the Expanded Behavioral Risk Factor Surveillance System (eBRFSS)

In this issue:

- Access to health care
- Health care utilization
- Obesity, diet and physical activity
- Tobacco and Alcohol
- Diabetes
- General Health
- BRFSS Summary Tables
- A guide to the Expanded BRFSS

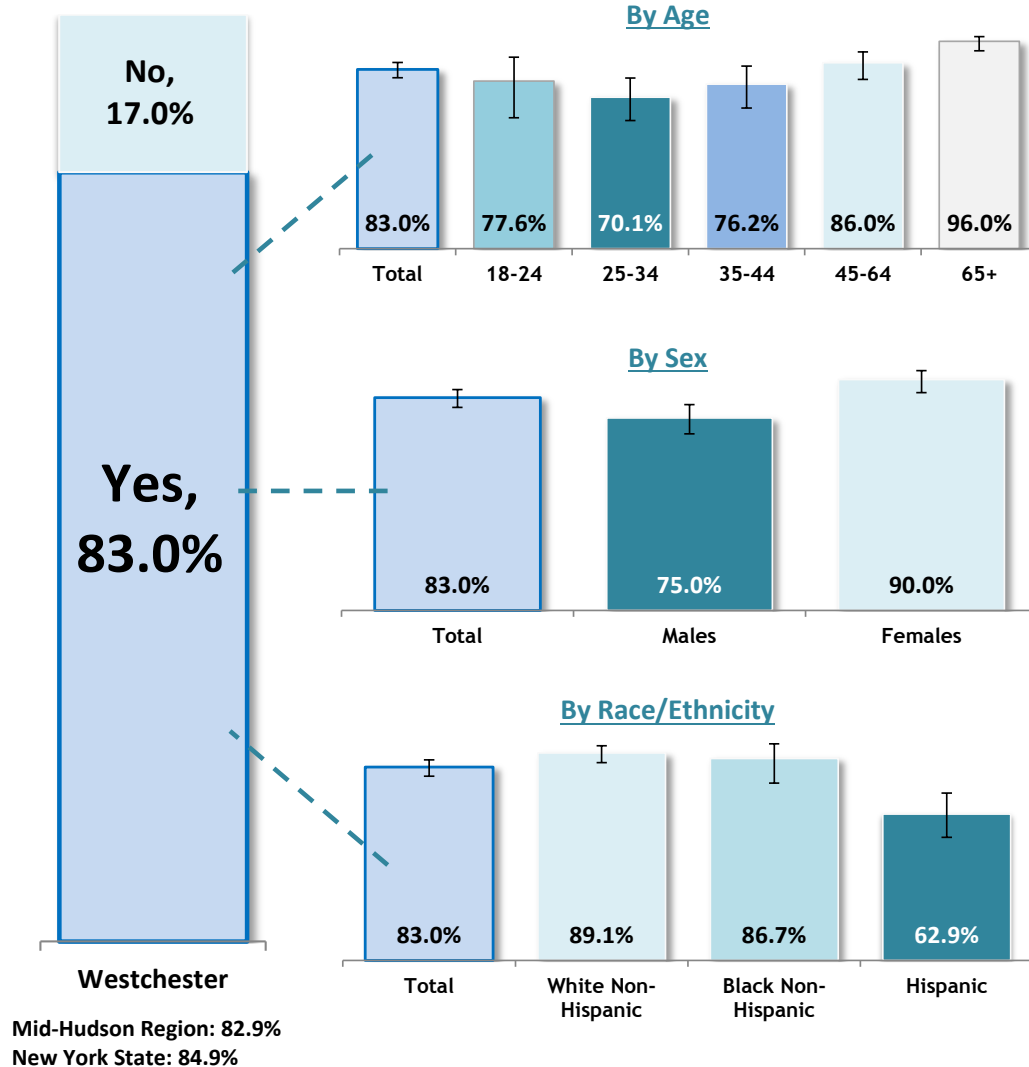
Jiali Li, Ph.D. Director of
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Planning & Evaluation

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of Administration

Project Staff:

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Medical Data Analyst

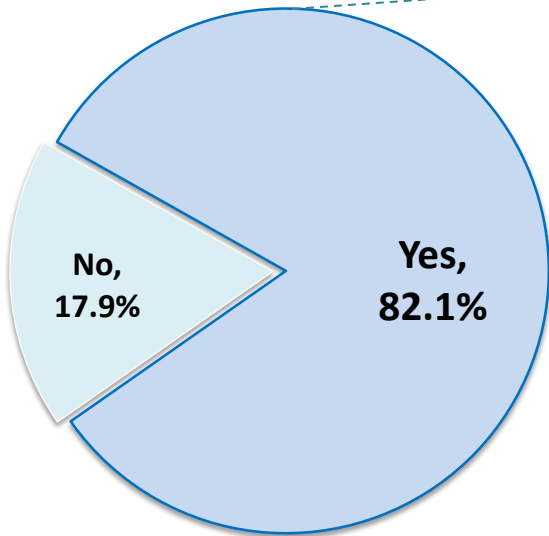
Percentage of Adults Who Have a Regular Health Care Provider



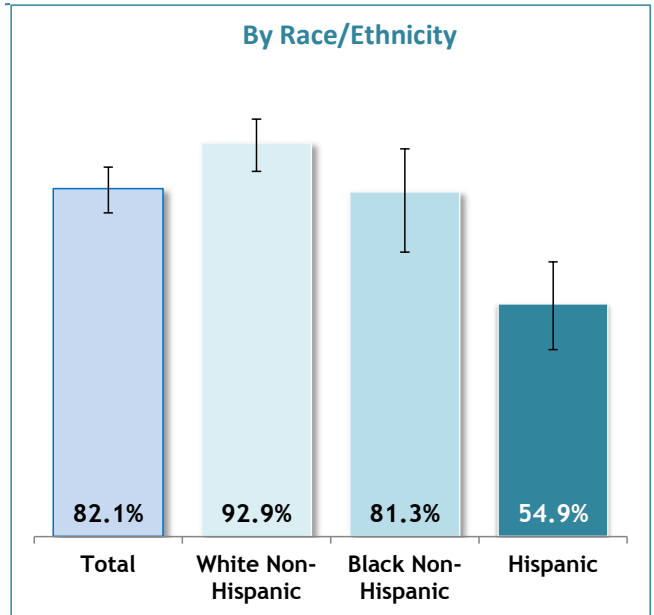
Access to Health Care

Percentage of Adults Aged 18-64 years with Healthcare Coverage

Westchester County



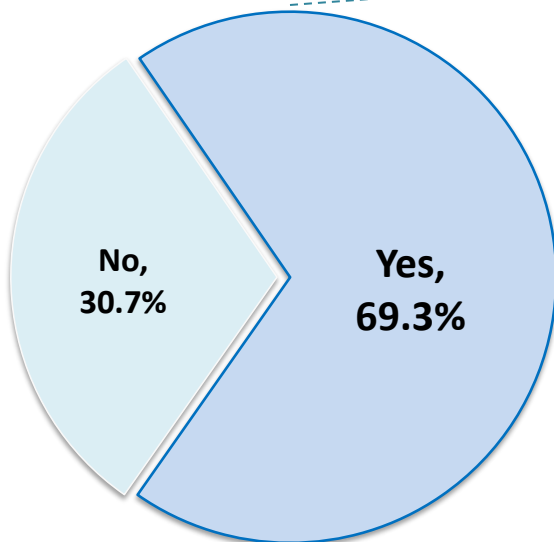
By Race/Ethnicity



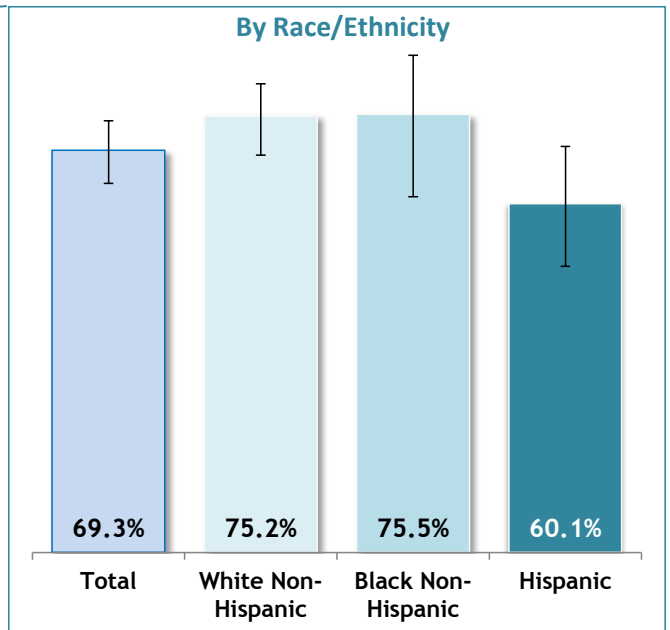
Mid-Hudson Region: 83.7%
New York State: 85.2%

Percentage of Adults Aged 18-64 years who saw a Doctor for a Routine Checkup Within the Last Year

Westchester County



By Race/Ethnicity

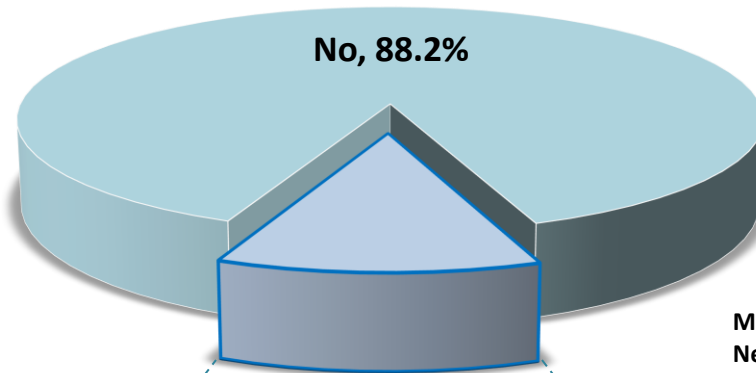


Mid-Hudson Region: 68.0%
New York State: 70.9%

Access to Health Care

Percentage of Adults Who Did Not Receive Medical Care Because of Cost

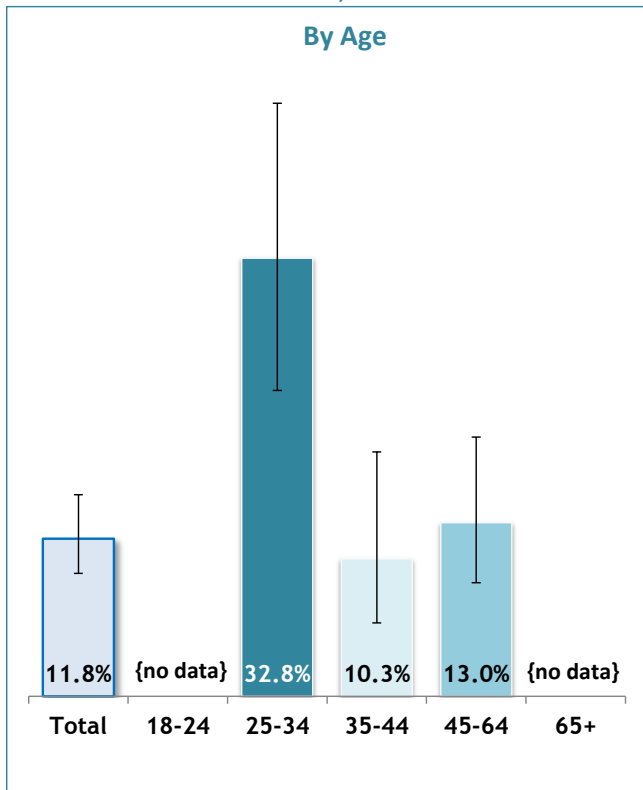
Westchester County



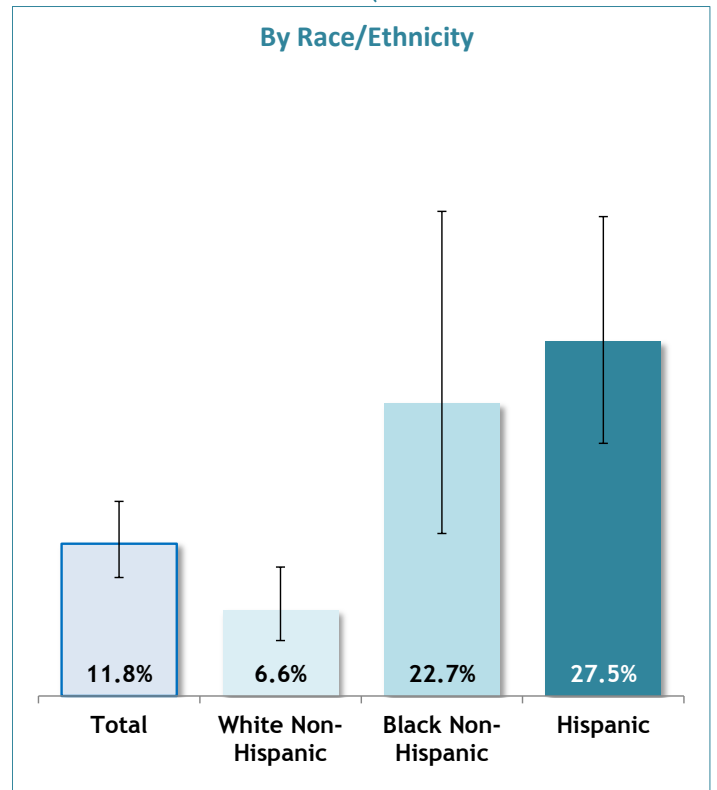
Mid-Hudson Region: 12.2%
New York State: 13.1%

**Yes,
11.8%**

By Age



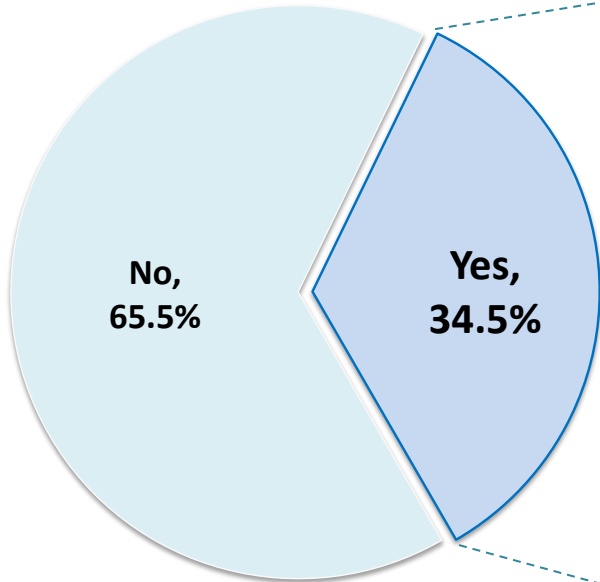
By Race/Ethnicity



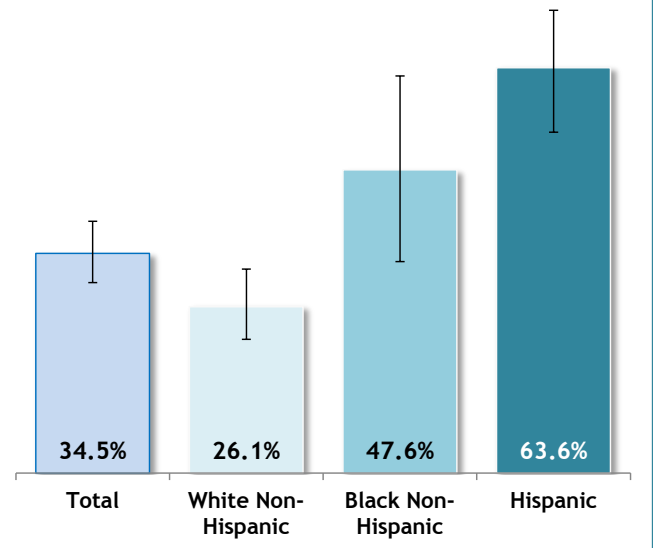
Housing and Food Insecurity

Percentage of Adults Experiencing Housing Insecurity in the Past 12 Months

Westchester County



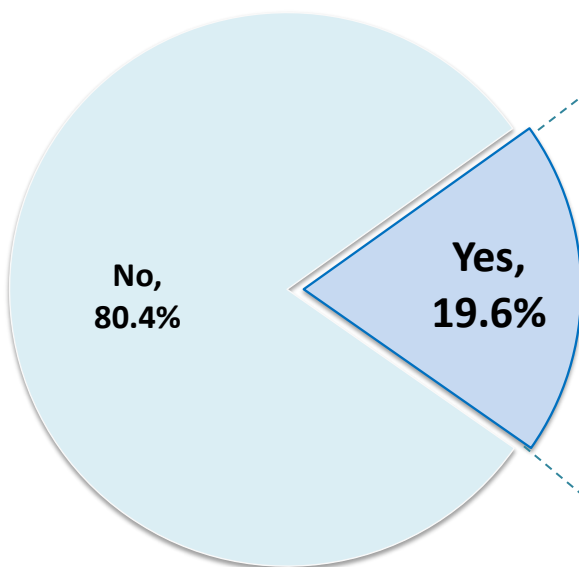
By Race/Ethnicity



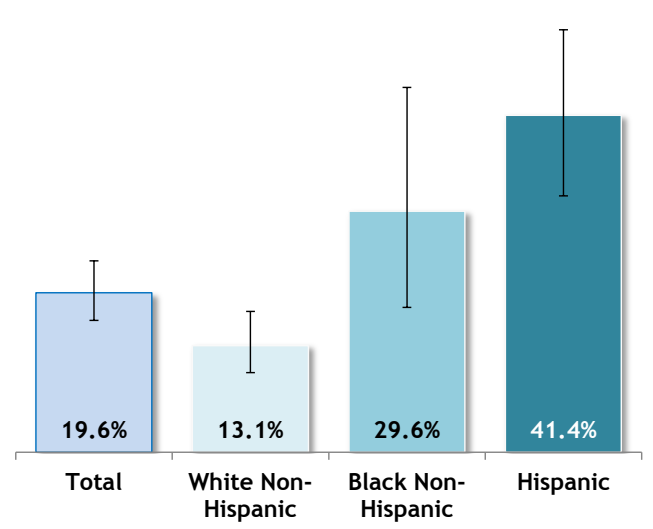
Mid-Hudson Region: 38.3%
New York State: 43.4%

Percentage of Adults Experiencing Food Insecurity in the Past 12 Months

Westchester County



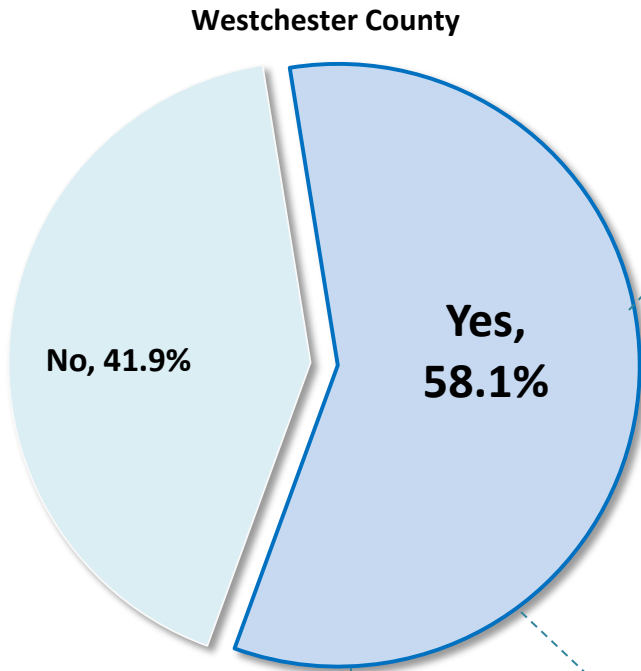
By Race/Ethnicity



Mid-Hudson Region: 22.5%
New York State: 29.0%

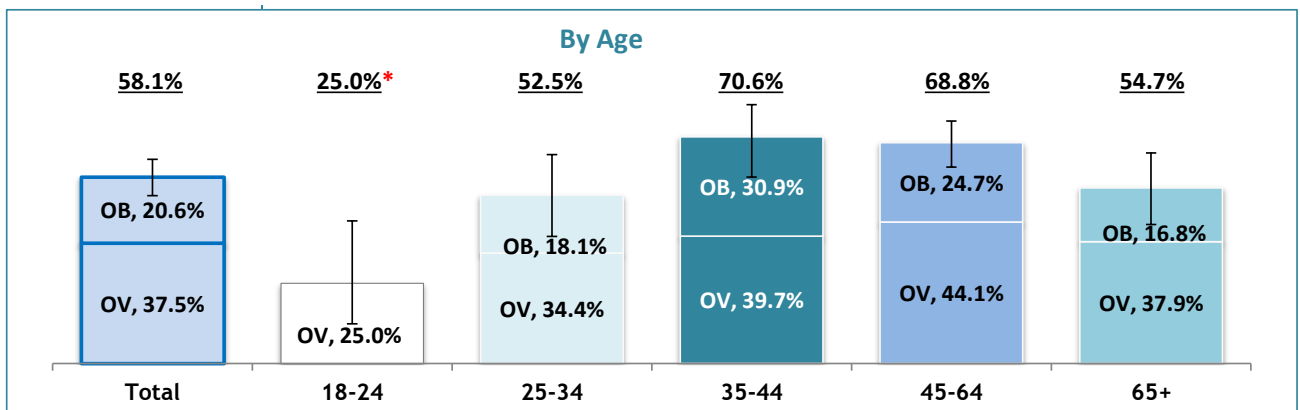
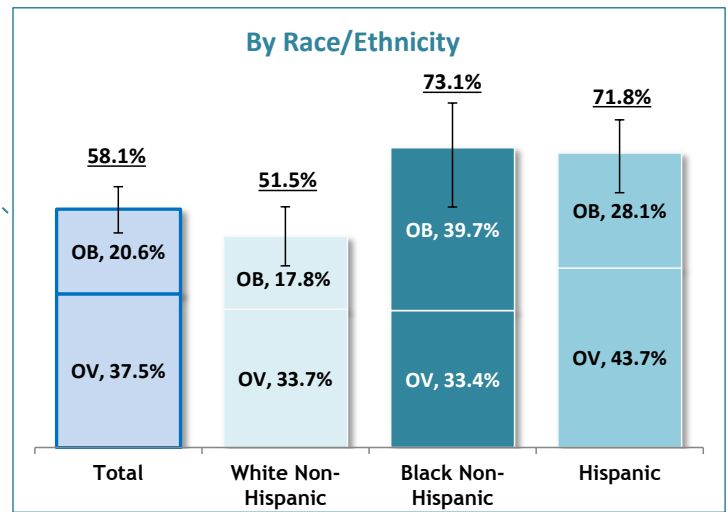
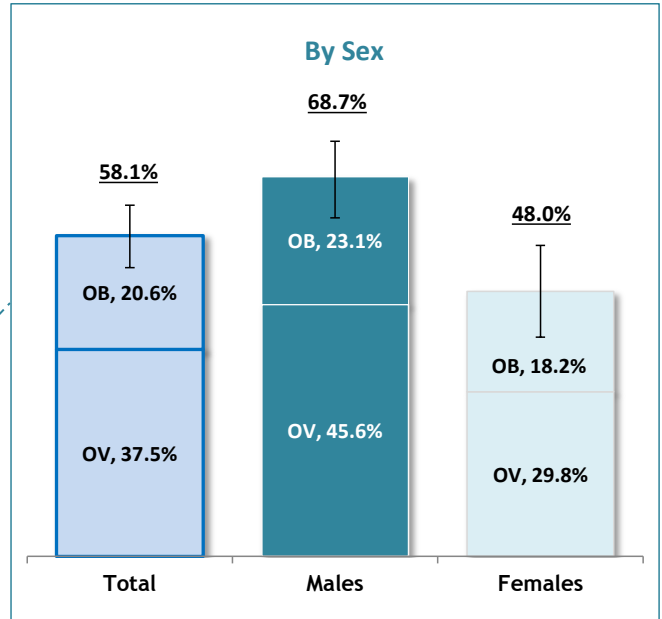
Activity, Diet and Obesity

Percentage of Adults who are Overweight or Obese



Mid-Hudson Region: 61.6%
New York State: 60.9%

OV=overweight
OB=obese

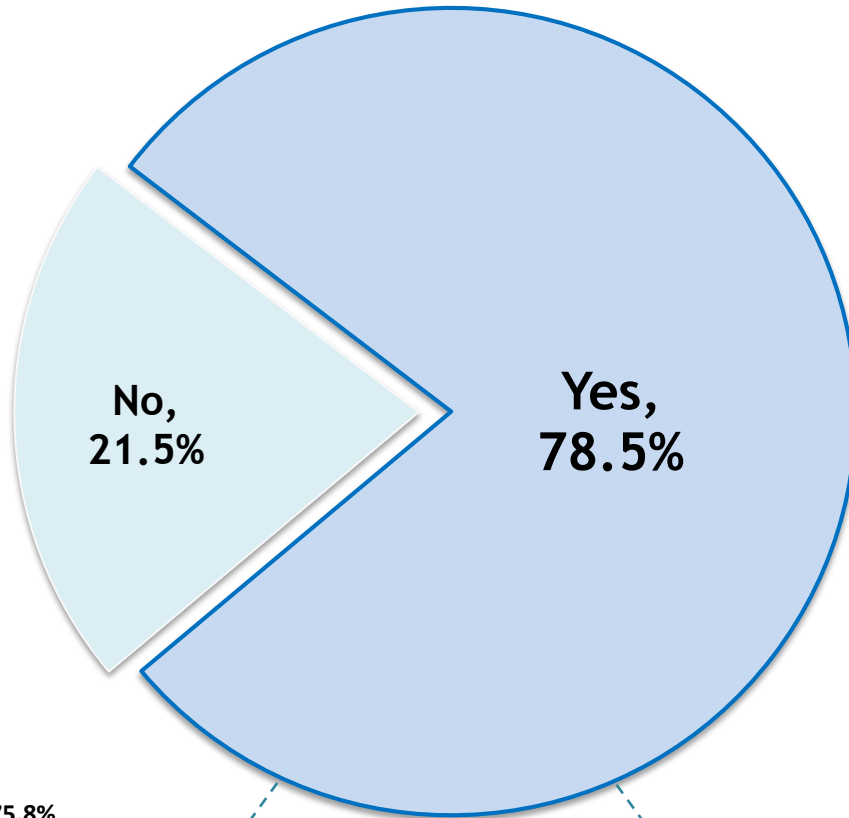


* No data on % obese

Activity, Diet and Obesity

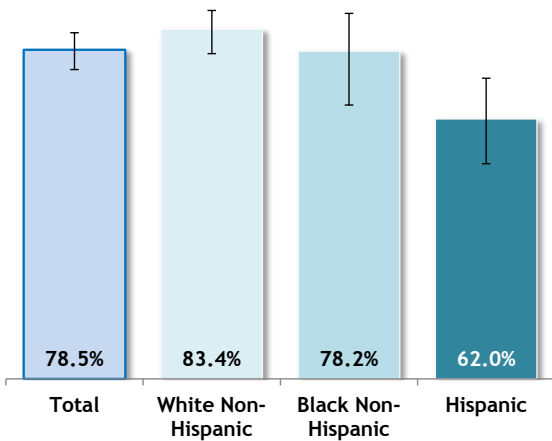
Percentage of Adults who Participated in Leisure Time Physical Activity in the Past 30 Days

Westchester County

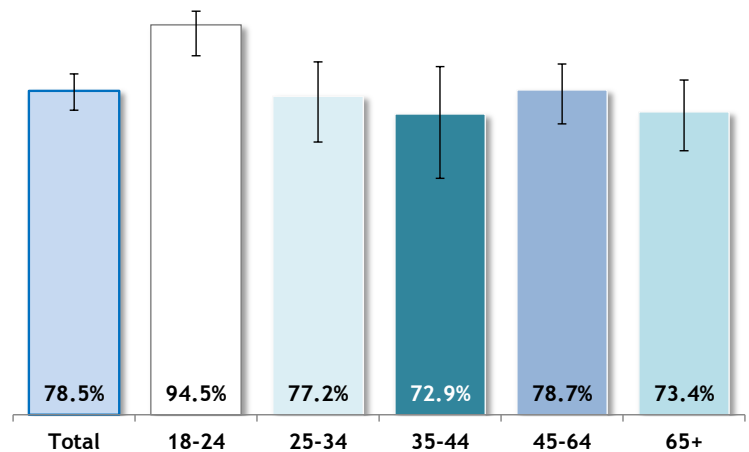


Mid-Hudson Region: 75.8%
New York State: 72.8%

By Race/Ethnicity



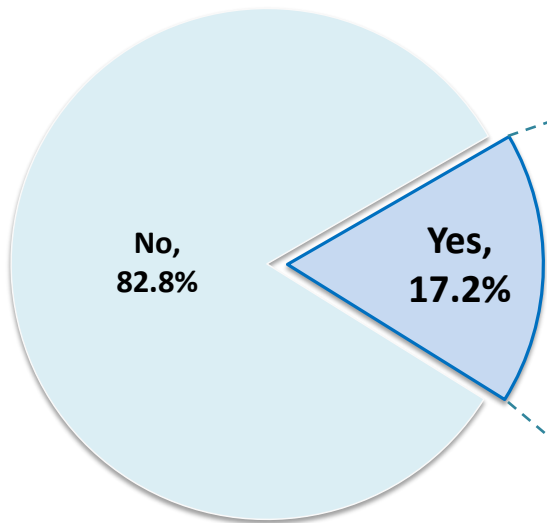
By Age



Activity, Diet and Obesity

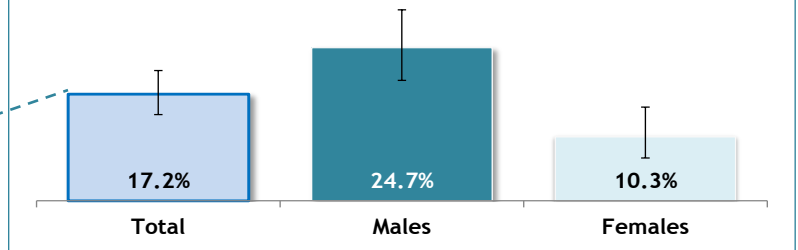
Percentage of Adults who Consume One or More Sugary Drinks Daily

Westchester County

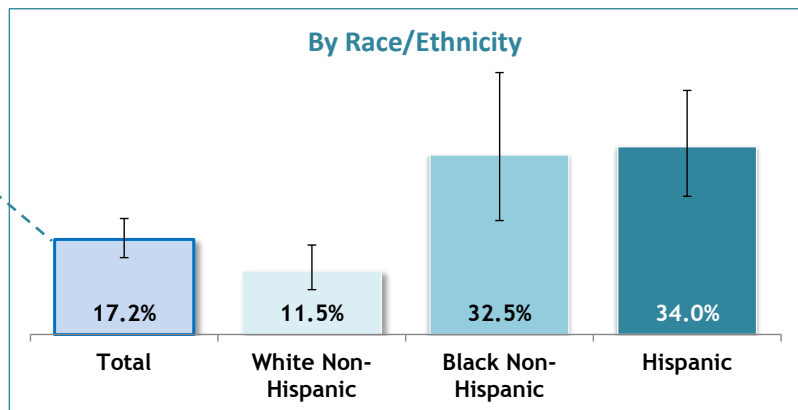


Mid-Hudson Region: 20.1%
New York State: 23.8%

By Sex

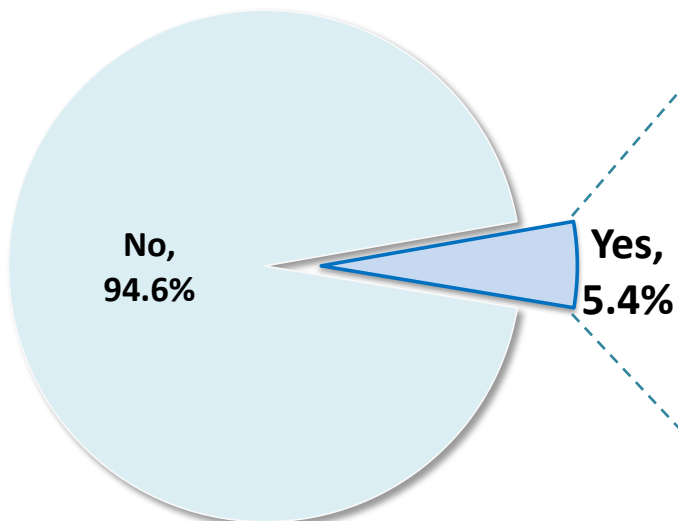


By Race/Ethnicity



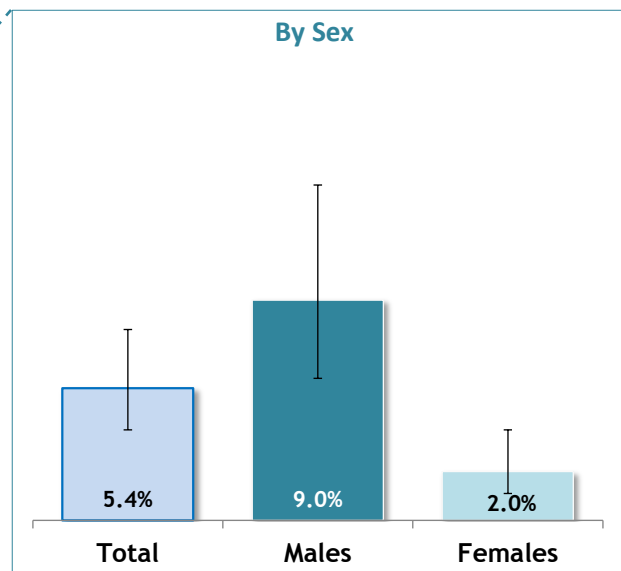
Percentage of Adults who Consume Fast Food Three or More Times per Week

Westchester County



Mid-Hudson Region: 5.8%
New York State: 5.8%

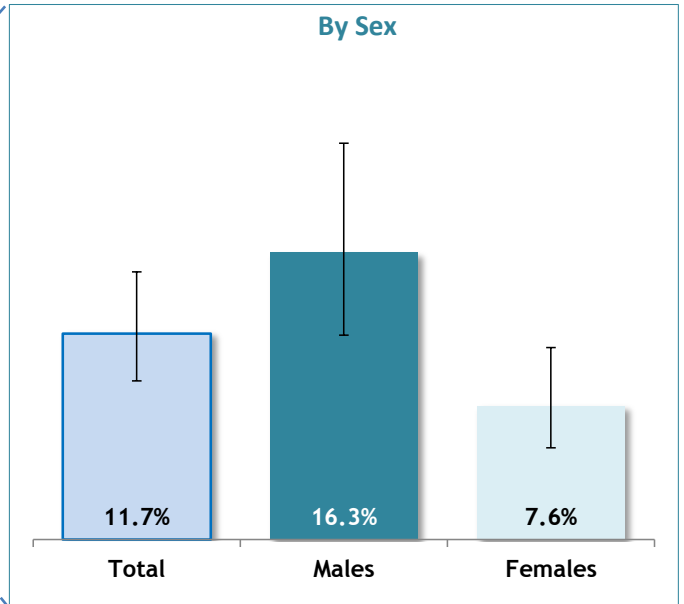
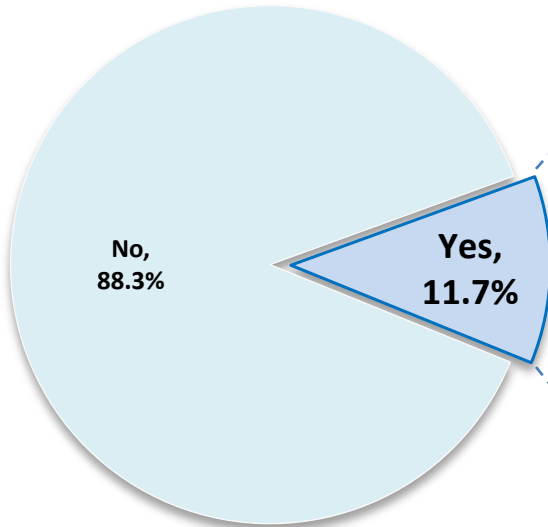
By Sex



Lifestyle Risk Factors: Tobacco and Alcohol

Percentage of Adults who are Current Smokers

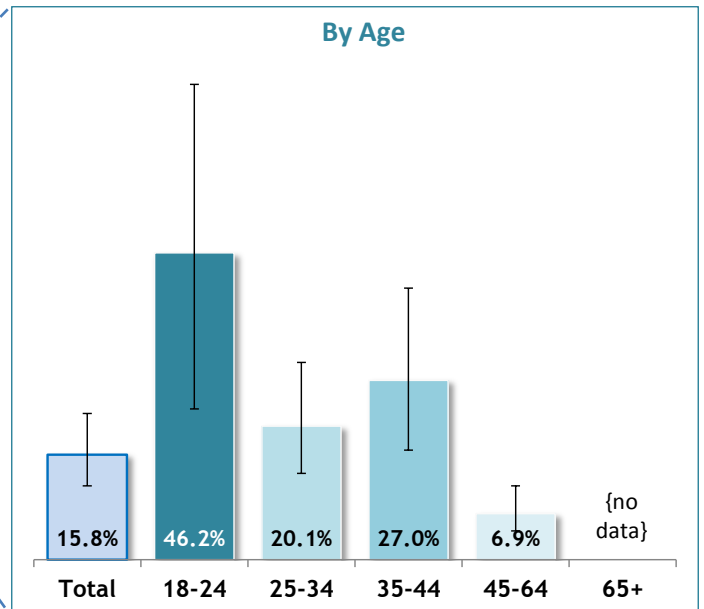
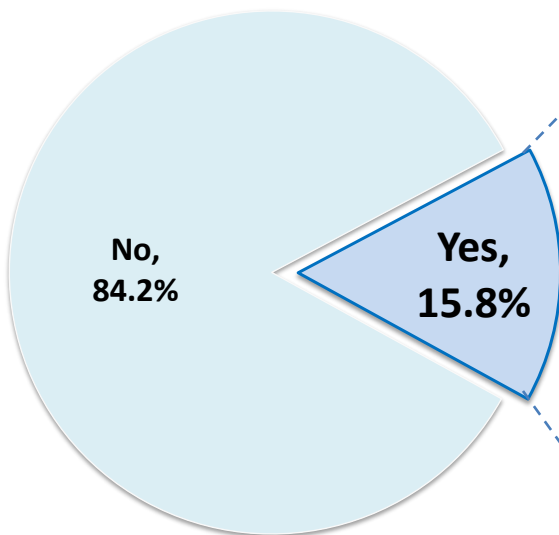
Westchester County



Mid-Hudson Region: 14.1%
New York State: 15.6%

Percentage of Adult Binge Drinking in the Past Month

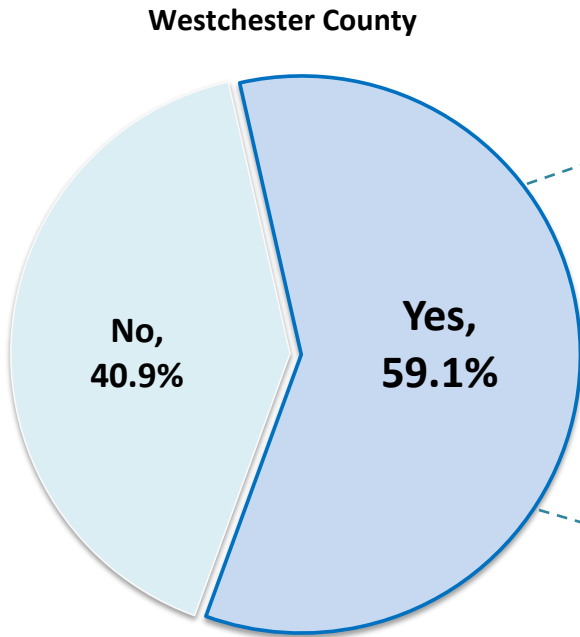
Westchester County



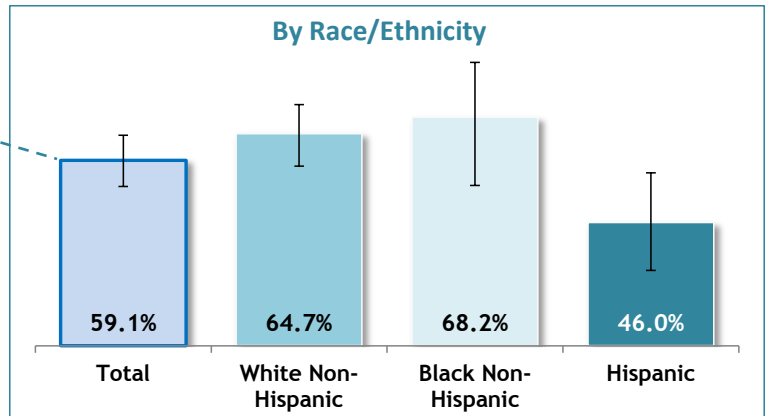
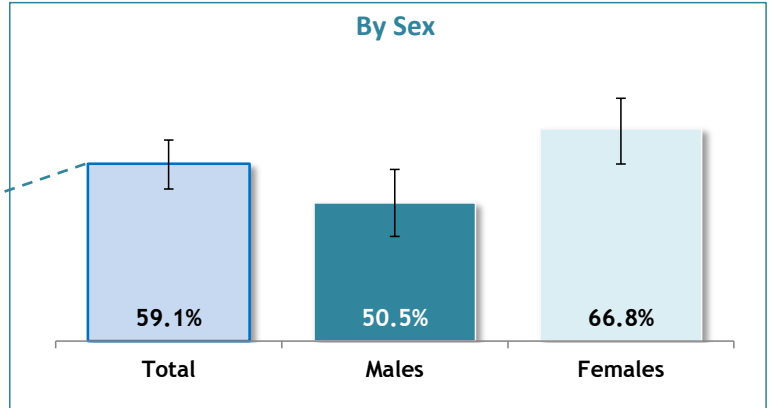
Mid-Hudson Region: 14.8%
New York State: 16.9%

Lifestyle Risk Factors: Diabetes

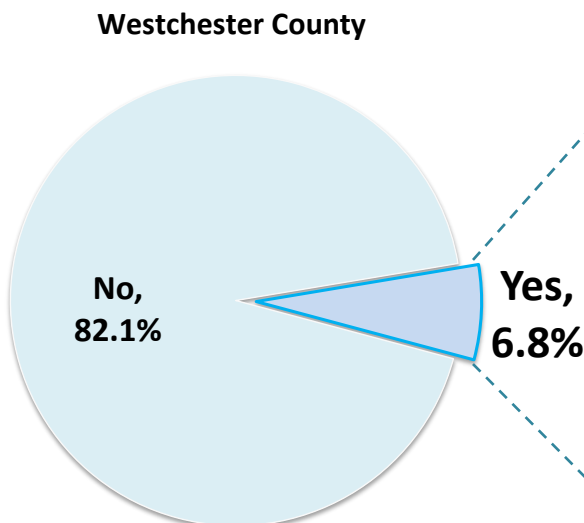
Percentage of Adults who had a Test for High Blood Sugar or Diabetes Within the Past Three Years



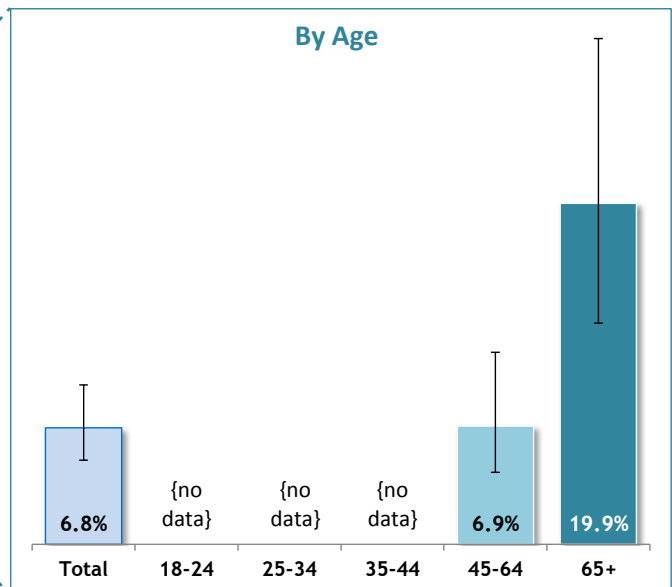
Mid-Hudson Region: 58.5%
New York State: 58.7%



Percentage of Adults with Physician-Diagnosed Diabetes



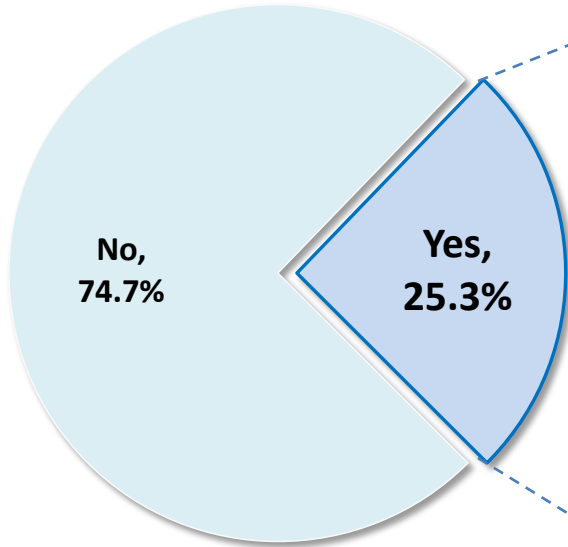
Mid-Hudson Region: 8.6%
New York State: 9.5%



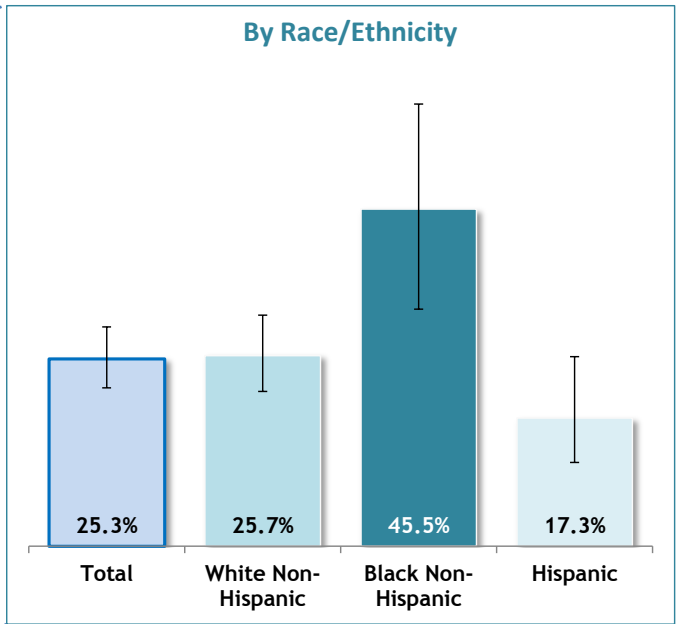
Lifestyle Risk Factors: General Health

Percentage of Adults with Physician-Diagnosed High Blood Pressure

Westchester County



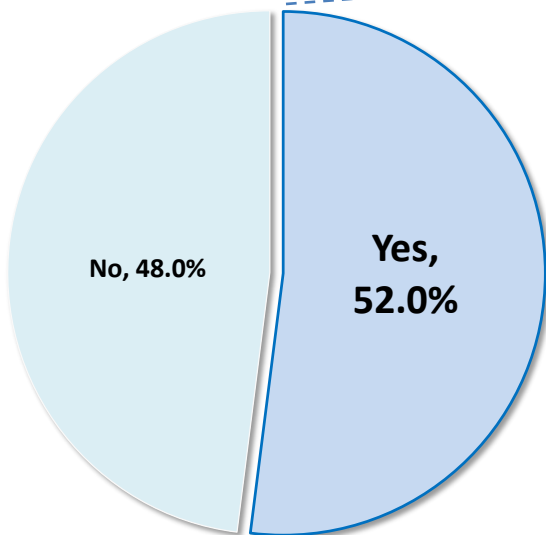
By Race/Ethnicity



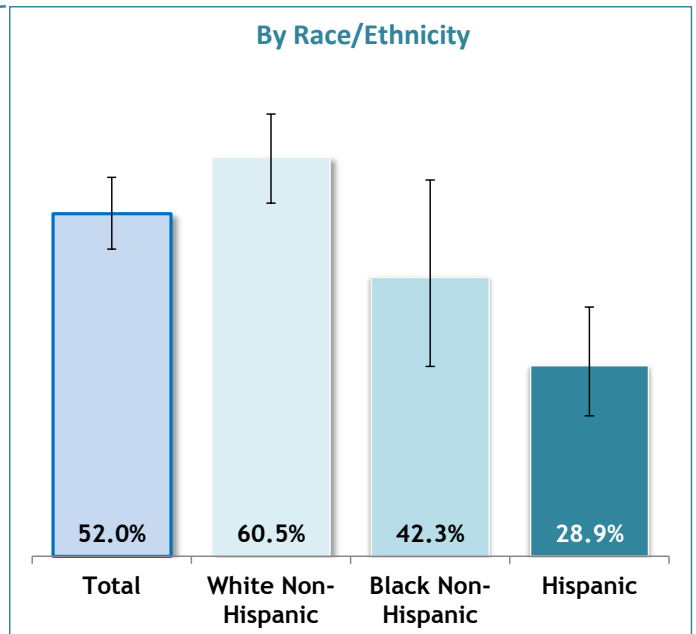
Mid-Hudson Region: 27.6%
New York State: 28.3%

Percentage of Adults Aged 18+ Years with Flu Immunization in the Past Year

Westchester County



By Race/Ethnicity



Mid-Hudson Region: 47.3%
New York State: 46.7%

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults who have a regular health care provider				
Total	83.0%	79.2%-86.2%	82.9%	80.7%-84.8%
Age †				
18-24	77.6%	60.6%-88.7%	71.5%	61.4%-79.9%
25-34	70.1%	59.3%-79.1%	65.9%	59.4%-71.9%
35-44	76.2%	65.1%-84.6%	80.1%	74.3%-84.9%
45-64	86.0%	78.4%-91.2%	88.0%	84.6%-90.7%
65+	96.0%	91.7%-98.2%	95.3%	93.1%-96.8%
Race †				
White, NH	89.1%	85.0%-92.2%	87.1%	85.0%-88.9%
<i>Black, NH</i>	86.7%	76.2%-93.0%	80.8%	69.9%-88.4%
Hispanic	62.9%	52.9%-71.9%	64.2%	57.6%-70.3%
Sex †				
Male	75.0%	68.9%-80.3%	76.2%	72.7%-79.4%
Female	90.0%	85.0%-93.5%	89.1%	86.6%-91.2%
Age-adjusted	81.6%	77.4%-85.1%	81.4%	79.0%-83.5%
Percentage of adults aged 18-64 years with healthcare coverage				
Total	82.1%	77.5%-85.8%	83.7%	81.3%-85.8%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race †				
White, NH	92.9%	88.3%-95.9%	91.2%	89.0%-93.0%
<i>Black, NH</i>	81.3%	67.4%-90.2%	80.2%	70.4%-87.3%
Hispanic	54.9%	44.3%-65.1%	57.3%	50.2%-64.1%
Sex				
Male	77.4%	71.0%-82.7%	79.5%	75.9%-82.8%
Female	86.2%	79.4%-91.0%	87.6%	84.3%-90.3%
Age-adjusted	na	na	na	na
Percentage of women aged 18-64 years with health care coverage				
Total	86.2%	79.4%-91.0%	87.6%	84.3%-90.3%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	90.0%	81.7%-94.7%	92.0%	88.6%-94.4%
Black, NH	--	--	84.1%	69.6%-92.5%
Hispanic	68.6%	50.4%-82.5%	66.7%	55.3%-76.5%
Sex				
Male	na	na	na	na
Female	86.2%	79.4%-91.0%	87.6%	84.3%-90.3%
Age-adjusted	na	na	na	na

Rates in italics are unreliable due to large standard error.

(continued)

"--" indicates insufficient sample size.

"na" indicates where rates were not generated for health indicators with age- or sex-specific limits.

† Statistically significant.

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014
(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults with poor self-reported health				
Total	4.4%	2.6%-7.2%	4.0%	3.0%-5.2%
Age				
18-24	--	--	--	--
25-34	--	--	--	--
35-44	--	--	--	--
45-64	5.0%	2.8%-8.6%	5.4%	4.0%-7.3%
65+	--	--	6.1%	4.0%-9.2%
Race				
White, NH	5.1%	2.6%-9.8%	4.3%	3.1%-5.9%
Black, NH	--	--	4.8%	2.6%-8.8%
Hispanic	--	--	4.0%	2.3%-6.9%
Sex				
Male	6.3%	3.2%-12.1%	4.6%	3.0%-6.9%
Female	2.7%	1.3%-5.2%	3.4%	2.5%-4.5%
Age-adjusted	4.2%	2.4%-7.2%	3.7%	2.8%-4.8%
Percentage of adults who report 14 or more days of poor physical health				
Total	9.2%	6.9%-12.3%	9.5%	8.2%-10.9%
Age				
18-24	--	--	--	--
25-34	--	--	6.2%	4.0%-9.6%
35-44	--	--	6.4%	4.3%-9.5%
45-64	9.0%	5.9%-13.5%	10.9%	8.9%-13.2%
65+	19.2%	12.1%-29.1%	16.6%	12.9%-21.1%
Race				
White, NH	9.4%	6.4%-13.6%	10.1%	8.6%-12.0%
Black, NH	--	--	8.5%	4.7%-14.8%
Hispanic	11.0%	6.8%-17.3%	10.6%	7.6%-14.6%
Sex				
Male	8.9%	6.1%-12.9%	8.8%	7.2%-10.8%
Female	9.5%	6.1%-14.5%	10.0%	8.2%-12.3%
Age-adjusted	8.7%	6.5%-11.6%	9.1%	7.8%-10.5%
Percentage of adults with poor mental health for 14 or more days in the last month				
Total	10.3%	6.2%-16.7%	10.8%	8.6%-13.4%
Age				
18-24	--	--	22.3%	11.0%-39.9%
25-34	6.9%	3.6%-12.5%	8.2%	5.7%-11.6%
35-44	--	--	10.5%	6.8%-16.0%
45-64	5.7%	3.6%-8.8%	10.5%	8.3%-12.4%
65+	7.3%	3.7%-13.6%	6.9%	4.9%-9.6%
Race				
White, NH	12.1%	6.1%-22.5%	11.2%	8.4%-14.7%
Black, NH	--	--	11.7%	6.2%-21.0%
Hispanic	8.9%	4.6%-16.4%	11.4%	7.8%-16.2%
Sex				
Male	8.1%	4.5%-14.1%	9.6%	7.3%-12.4%
Female	12.3%	6.0%-23.7%	11.9%	8.6%-16.4%
Age-adjusted	10.9%	7.2%-16.0%	10.9%	8.8%-13.4%

Rates in italics are unreliable due to large standard error.

(continued)

-- indicates insufficient sample size.

na indicates where rates were not generated for health indicators with age- or sex-specific limits.

† Statistically significant.

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014

(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults living with a disability				
Total	17.9%	14.3%-22.0%	18.3%	16.4%-20.4%
Age †				
18-24	--	--	9.8%	4.5%-20.4%
25-34	8.8%	5.0%-15.1%	10.9%	8.0%-14.8%
35-44	7.5%	3.9%-13.9%	10.6%	7.3%-15.1%
45-64	15.7%	11.2%-21.6%	18.7%	16.0%-21.7%
65+	37.8%	27.9%-48.8%	35.9%	30.8%-41.4%
Race				
White, NH	19.5%	14.9%-25.1%	20.1%	17.8%-22.6%
Black, NH	29.4%	17.5%-45.0%	24.6%	16.3%-35.2%
Hispanic	10.7%	6.7%-16.8%	12.5%	9.4%-16.6%
Sex				
Male	18.4%	13.4%-24.8%	17.7%	14.9%-20.8%
Female	17.3%	12.7%-23.1%	18.9%	16.3%-21.7%
Age-adjusted	16.6%	13.4%-20.5%	17.3%	15.5%-19.3%
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year				
Total	69.3%	63.6%-74.4%	68.0%	65.0%-70.9%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	75.2%	68.5%-80.8%	69.9%	66.5%-73.1%
Black, NH	75.5%	61.3%-85.7%	72.1%	59.9%-81.8%
Hispanic	60.1%	49.3%-70.0%	62.6%	55.4%-69.2%
Sex †				
Male	60.5%	52.9%-67.7%	61.6%	57.2%-65.8%
Female	77.2%	68.7-83.9%	74.1%	69.9%-77.9%
Age-adjusted	na	na	na	na
Percentage of women aged 18-44 years who saw a doctor for a routine checkup within the last year				
Total	74.2%	60.0%-84.6%	70.6%	63.9%-76.5%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	86.9%	74.8%-93.7%	75.1%	68.1%-81.0%
Black, NH	--	--	--	--
Hispanic	--	--	64.5%	49.3%-77.3%
Sex				
Male	na	na	na	na
Female	74.2%	60.0%-84.6%	70.6%	63.9%-76.5%
Age-adjusted	na	na	na	na

Rates in italics are unreliable due to large standard error.

(continued)

--" indicates insufficient sample size.

"na" indicates where rates were not generated for health indicators with age- or sex-specific limits.

† Statistically significant.

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014
(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults who did not receive medical care because of cost				
Total	11.8%	9.2%-15.1%	12.2%	10.6%-14.0%
Age †				
18-24	--	--	11.5%	7.1%-18.1%
25-34	32.8%	22.9%-44.4%	24.2%	18.8%-30.5%
35-44	10.3%	5.5%-18.3%	13.1%	9.3%-18.1%
45-64	13.0%	8.5%-19.4%	12.4%	9.9%-15.4%
65+	--	--	3.0%	1.9%-4.7%
Race †				
White, NH	6.6%	4.3%-10.0%	8.6%	7.2%-10.4%
<i>Black, NH</i>	22.7%	12.6%-37.6%	18.1%	11.5%-27.3%
Hispanic	27.5%	19.6%-37.2%	24.8%	19.6%-30.8%
Sex				
Male	11.3%	7.9%-15.9%	11.3%	9.2%-13.8%
Female	12.3%	8.6%-17.3%	13.0%	10.7%-15.7%
Age-adjusted	12.8%	10.1%-16.0%	13.0%	11.3%-14.9%
Percentage of adults who had a dentist visit within the past year				
Total	72.0%	65.8%-77.5%	70.9%	67.9%-73.7%
Age				
18-24	60.2%	31.0%-83.7%	67.8%	52.3%-80.1%
25-34	57.3%	42.9%-70.5%	60.4%	52.4%-67.8%
35-44	67.4%	54.1%-78.4%	67.0%	59.6%-73.7%
45-64	89.8%	72.8%-85.3%	76.3%	72.7%-79.6%
65+	79.0%	68.6%-86.7%	72.9%	68.0%-77.4%
Race				
White, NH	78.0%	69.1%-84.9%	73.9%	70.4%-77.1%
<i>Black, NH</i>	65.7%	51.0%-77.8%	71.4%	60.9%-80.0%
Hispanic	60.8%	49.9%-70.7%	61.7%	54.5%-68.4%
Sex				
Male	71.7%	65.1%-77.4%	67.9%	64.1%-71.4%
<i>Female</i>	72.4%	61.6%-81.1%	73.7%	68.9%-78.0%
Age-adjusted	70.3%	64.1%-75.8%	69.7%	66.5%-72.7%
Percentage of women aged 18-44 years who had a dental visit within the last year				
Total	60.9%	40.8%-77.8%	69.0%	59.1%-77.4%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
<i>White, NH</i>	68.6%	33.3%-90.5%	74.4%	59.9%-84.9%
Black, NH	--	--	--	--
Hispanic	--	--	54.9%	39.1%-69.8%
Sex				
Male	na	na	na	na
<i>Female</i>	60.9%	40.8%-77.8%	69.0%	59.1%-77.4%
Age-adjusted	na	na	na	na

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(continued)

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† Statistically significant.

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014
(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults experiencing housing insecurity in the past 12 months				
Total	34.5%	29.9%-39.5%	38.3%	35.7%-41.1%
Age †				
18-24	21.2%	9.3%-41.5%	27.1%	18.1%-38.6%
25-34	48.9%	36.0%-62.0%	53.6%	46.0%-61.0%
35-44	48.3%	34.8%-62.0%	51.7%	44.2%-59.1%
45-64	37.5%	30.4%-45.3%	39.5%	35.6%-43.5%
65+	13.0%	8.2%-19.8%	20.1%	16.7%-23.9%
Race †				
White, NH	26.1%	21.0%-32.0%	32.7%	29.9%-35.6%
Black, NH	47.6%	33.2%-62.3%	55.1%	44.2%-65.5%
Hispanic	63.6%	53.5%-72.6%	58.4%	51.5%-64.9%
Sex				
Male	32.2%	26.3%-38.9%	35.7%	32.0%-39.6%
Female	36.6%	29.5%-44.3%	40.8%	36.9%-44.8%
Age-adjusted	35.7%	30.9%-40.8%	39.8%	37.1%-42.7%
Percentage of adults experiencing food insecurity in the past 12 months				
Total	19.6%	16.2%-23.5%	22.5%	20.4%-24.7%
Age †				
18-24	--	--	18.6%	12.3%-27.1%
25-34	33.1%	22.5%-45.6%	33.6%	27.4%-40.5%
35-44	19.3%	11.4%-30.7%	27.4%	21.7%-33.9%
45-64	25.7%	19.7%-32.7%	24.5%	21.2%-28.1%
65+	8.4%	4.4%-15.6%	10.1%	7.6%-13.4%
Race †				
White, NH	13.1%	9.8%-17.3%	17.9%	15.9%-20.0%
Black, NH	29.6%	17.8%-44.8%	34.7%	24.9%-46.1%
Hispanic	41.4%	31.5%-51.9%	40.9%	34.4%-47.7%
Sex				
Male	20.6%	15.7%-26.6%	21.2%	18.1%-24.6%
Female	18.7%	14.2%-24.2%	23.8%	20.9%-26.9%
Age-adjusted	20.4%	16.9%-24.4%	23.6%	21.3%-26.0%
Percentage of adults who are overweight or obese				
Total	58.1%	52.3%-63.6%	61.6%	58.6%-64.4%
Age †				
18-24	25.0%	12.3%-44.4%	37.8%	27.7%-49.0%
25-34	52.5%	39.6%-65.1%	58.9%	51.3%-66.2%
35-44	70.6%	58.1%-80.6%	68.3%	61.9%-74.2%
45-64	68.8%	61.2%-75.5%	68.8%	64.9%-72.4%
65+	54.7%	43.3%-65.6%	60.7%	55.0%-66.2%
Race †				
White, NH	51.5%	44.3%-58.7%	58.3%	54.8%-61.7%
Black, NH	73.1%	58.6%-84.0%	71.0%	60.2%-79.9%
Hispanic	71.8%	62.1%-79.9%	74.5%	68.3%-79.8%
Sex †				
Male	68.7%	61.3%-75.2%	71.9%	68.1%-75.4%
Female	48.0%	39.7%-56.3%	51.1%	46.8%-55.4%
Age-adjusted	58.2%	53.2%-63.0%	61.5%	58.7%-64.3%

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(continued)

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† Statistically significant.

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014

(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults who are obese				
Total	20.6%	16.8%-24.9%	23.9%	21.7%-26.4%
Age				
18-24	--	--	13.3%	7.9%-21.5%
25-34	18.1%	10.4%-29.6%	23.8%	18.3%-30.3%
35-44	30.9%	19.7%-44.9%	30.5%	24.1%-37.7%
45-64	24.7%	18.4%-32.3%	26.9%	23.2%-30.8%
65+	16.8%	11.2%-24.4%	21.1%	17.5%-25.3%
Race †				
White, NH	17.8%	13.6%-22.9%	22.7%	20.3%-25.4%
Black, NH	39.7%	26.6%-54.5%	38.1%	28.5%-48.7%
Hispanic	28.1%	18.7%-40.0%	30.9%	24.5%-38.1%
Sex				
Male	23.1%	17.8%-29.3%	26.1%	22.9%-29.6%
Female	18.2%	13.2%-24.5%	21.8%	18.7%-25.2%
Age-adjusted	21.0%	17.2%-25.4%	24.4%	22.0%-26.9%
Percentage of adults with an annual household income less than \$25,000 who are obese				
Total	23.3%	15.7%-33.1%	28.5%	23.8%-33.8%
Age				
18-24	--	--	16.0%	8.8%-27.4%
25-34	--	--	34.8%	23.0%-48.7%
35-44	--	--	28.8%	17.0%-44.4%
45-64	--	--	37.0%	28.5%-46.4%
65+	--	--	18.8%	13.0%-26.5%
Race				
White, NH	22.6%	12.2%-38.0%	27.3%	21.8%-33.7%
Black, NH	--	--	34.1%	19.9%-51.9%
Hispanic	23.7%	12.6%-40.1%	29.6%	20.6%-40.6%
Sex				
Male	24.0%	13.9%-38.3%	25.1%	18.9%-32.5%
Female	22.6%	12.6%-37.1%	31.2%	24.5%-38.9%
Age-adjusted	22.9%	15.9%-31.8%	29.0%	24.3%-34.2%
Percentage of adults living with a disability who are obese				
Total	26.7%	18.8%-36.4%	33.2%	28.1%-38.7%
Age				
18-24	--	--	--	--
25-34	--	--	34.7%	20.5%-52.1%
35-44	--	--	--	--
45-64	--	--	40.6%	33.0%-48.8%
65+	--	--	23.1%	17.2%-30.4%
Race				
White, NH	22.7%	14.4%-33.9%	30.3%	25.1%-36.1%
Black, NH	--	--	--	--
Hispanic	--	--	36.6%	23.8%-51.7%
Sex				
Male	21.5%	12.1%-35.1%	33.2%	25.6%-41.8%
Female	32.0%	20.3%-46.4%	33.2%	26.7%-40.4%
Age-adjusted	32.7%	23.3%-43.6%	36.4%	29.6%-43.7%

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Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014

(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults who participated in leisure time physical activity in the past 30 days				
Total	78.5%	73.8%-82.6%	75.8%	73.3%-78.0%
Age †				
18-24	94.5%	87.0%-97.8%	86.7%	79.0%-91.8%
25-34	77.2%	66.1%-85.5%	72.0%	65.5%-77.7%
35-44	72.9%	57.3%-84.4%	75.1%	67.5%-81.4%
45-64	78.7%	70.5%-85.0%	77.3%	73.6%-80.7%
65+	73.4%	64.0%-81.1%	68.7%	63.9%-73.1%
Race †				
White, NH	83.4%	77.6%-87.9%	78.1%	75.4%-80.5%
Black, NH	78.2%	65.3%-87.2%	69.6%	59.5%-78.1%
Hispanic	62.0%	51.3%-71.7%	65.4%	58.5%-71.7%
Sex				
Male	79.1%	73.0%-84.1%	76.8%	73.5%-79.8%
Female	78.0%	70.5%-84.0%	74.8%	71.2%-78.1%
Age-adjusted	78.3%	73.6%-82.4%	75.6%	73.1%-78.0%
Percentage of adults who consider their neighborhood suitable for walking and physical activity				
Total	95.1%	93.2%-96.5%	92.1%	90.6%-93.4%
Age				
18-24	96.9%	89.4%-99.2%	89.6%	81.8%-94.3%
25-34	92.9%	86.2%-96.4%	88.8%	83.8%-92.4%
35-44	93.9%	87.6%-97.1%	90.8%	86.0%-94.1%
45-64	94.7%	90.9%-96.9%	93.1%	91.1%-94.6%
65+	97.2%	91.7%-99.1%	95.1%	92.7%-96.8%
Race				
White, NH	95.9%	93.5%-97.4%	92.0%	90.3%-93.5%
Black, NH	96.6%	90.5%-98.8%	92.0%	82.5%-96.5%
Hispanic	90.3%	83.5%-94.5%	90.8%	86.2%-94.0%
Sex				
Male	94.2%	91.0%-96.2%	92.8%	90.5%-94.6%
Female	96.1%	93.3%-97.7%	91.4%	89.3%-93.1%
Age-adjusted	94.9%	92.9%-96.4%	91.7%	90.0%-93.1%
Percentage of adults who consume one or more sugary drinks daily				
Total	17.2%	13.9%-21.0%	20.1%	18.0%-22.4%
Age				
18-24	16.4%	7.9%-31.0%	30.5%	21.4%-41.5%
25-34	26.3%	17.1%-38.2%	31.4%	25.3%-38.1%
35-44	21.3%	12.7%-33.6%	23.7%	18.1%-30.4%
45-64	15.4%	10.6%-21.9%	15.7%	12.9%-18.8%
65+	10.9%	6.2%-18.7%	10.9%	8.2%-14.4%
Race †				
White, NH	11.5%	8.1%-16.2%	16.0%	13.8%-18.4%
Black, NH	32.5%	20.6%-47.4%	35.8%	26.3%-46.5%
Hispanic	34.0%	25.0%-44.2%	34.3%	28.1%-41.2%
Sex †				
Male	24.7%	19.4%-30.8%	25.5%	22.3%-29.1%
Female	10.3%	6.9%-15.1%	15.0%	12.5%-18.0%
Age-adjusted	18.1%	14.6%-22.2%	21.4%	19.1%-23.9%

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(continued)

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Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014

(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults who consume fast-food three or more times per week				
Total	5.4%	3.7%-7.8%	5.8%	4.6%-7.3%
Age				
18-24	--	--	9.4%	4.8%-17.6%
25-34	9.5%	5.3%-16.5%	9.8%	6.4%-14.6%
35-44	--	--	9.2%	5.4%-15.3%
45-64	3.4%	1.7%-6.8%	3.8%	2.6%-5.4%
65+	--	--	1.6%	0.8%-3.1%
Race				
White, NH	4.1%	2.6%-6.5%	4.3%	3.3%-5.5%
Black, NH	--	--	14.1%	6.6%-27.5%
Hispanic	8.9%	4.2%-17.8%	9.8%	6.2%-15.2%
Sex †				
Male	9.0%	5.8%-13.7%	9.6%	7.3%-12.6%
Female	2.0%	1.1%-3.7%	2.2%	1.6%-3.1%
Age-adjusted	6.1%	4.1%-8.9%	6.4%	5.0%-8.2%
Percentage of adults who are current smokers				
Total	11.7%	9.0%-15.2%	14.1%	12.4%-15.9%
Age				
18-24	--	--	15.8%	9.2%-25.9%
25-34	14.0%	8.1%-23.0%	17.8%	13.5%-23.0%
35-44	14.4%	7.7%-25.4%	15.3%	11.0%-20.9%
45-64	13.8%	9.8%-19.0%	15.9%	13.5%-18.8%
65+	--	--	6.3%	4.5%-8.8%
Race				
White, NH	10.8%	7.4%-15.5%	14.1%	12.1%-16.4%
Black, NH	19.9%	11.2%-32.8%	18.9%	12.0%-28.4%
Hispanic	15.3%	9.4%-23.9%	16.1%	11.8%-21.6%
Sex †				
Male	16.3%	11.6%-22.5%	17.6%	14.7%-20.9%
Female	7.6%	5.2%-10.9%	10.7%	9.0%-12.7%
Age-adjusted	12.2%	9.2%-16.0%	14.5%	12.6%-16.5%
Percentage of adults with annual household income less than \$25,000 who are current smokers				
Total	19.0%	13.3%-26.5%	23.0%	19.2%-27.3%
Age				
18-24	--	--	18.1%	9.7%-31.1%
25-34	--	--	25.6%	17.0%-36.7%
35-44	--	--	20.9%	13.1%-31.7%
45-64	--	--	31.4%	24.0%-39.9%
65+	--	--	14.3%	8.6%-22.7%
Race				
White, NH	27.8%	16.5%-42.9%	28.9%	23.5%-35.0%
Black, NH	--	--	31.9%	18.4%-49.2%
Hispanic	12.2%	6.5%-21.8%	13.5%	8.8%-20.1%
Sex				
Male	21.1%	13.0%-32.4%	25.4%	19.7%-32.0%
Female	17.2%	9.9%-28.1%	21.2%	16.3%-27.0%
Age-adjusted	19.7%	14.0%-26.9%	23.4%	19.7%-27.7%

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Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014

(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of cigarette smoking among adults who report poor mental health				
Total	24.2%	9.8%-48.2%	28.7%	20.0%-39.4%
Age				
18-24	--	--	--	--
25-34	--	--	--	--
35-44	--	--	--	--
45-64	--	--	31.2%	22.7%-41.2%
65+	--	--	--	--
Race				
White, NH	--	--	28.4%	18.3%-41.2%
Black, NH	--	--	--	--
Hispanic	--	--	--	--
Sex				
Male	--	--	44.0%	30.0%-59.0%
Female	--	--	17.6%	10.9%-27.2%
Age-adjusted	28.6%	16.1%-45.6%	29.7%	22.4%-38.2%
Percentage of adult binge drinking during the past month				
Total	15.8%	11.1%-22.0%	14.8%	12.4%-17.5%
Age †				
18-24	46.2%	22.7%-71.6%	34.0%	21.6%-49.0%
25-34	20.1%	13.0%-29.7%	19.5%	15.0%-25.0%
35-44	27.0%	16.5%-40.9%	18.9%	13.7%-25.4%
45-64	6.9%	4.3%-11.1%	11.4%	9.3%-14.0%
65+	--	--	2.7%	1.7%-4.3%
Race				
White, NH	17.6%	10.9%-27.2%	16.2%	13.2%-19.9%
Black, NH	--	--	5.9%	3.1%-10.9%
Hispanic	18.8%	11.5%-29.2%	17.5%	12.7%-23.7%
Sex				
Male	19.8%	14.6%-26.2%	19.7%	16.8%-22.9%
Female	12.2%	5.6%-24.6%	10.3%	6.8%-15.2%
Age-adjusted	17.9%	13.7%-23.2%	16.0%	13.6%-18.6%
Percentage of adults who had a test for high blood sugar or diabetes within the past three years				
Total	59.1%	53.6%-64.4%	58.5%	55.6%-61.4%
Age				
18-24	43.3%	19.4%-70.8%	36.8%	24.7%-50.8%
25-34	47.5%	35.3%-60.1%	46.0%	38.9%-53.2%
35-44	52.7%	39.7%-65.4%	53.4%	46.1%-60.5%
45-64	65.1%	56.4%-72.8%	66.9%	62.5%-71.0%
65+	73.6%	58.8%-84.5%	73.5%	66.9%-79.3%
Race †				
White, NH	64.7%	57.9%-70.9%	61.0%	57.7%-64.2%
Black, NH	68.2%	53.8%-79.8%	67.2%	56.4%-76.5%
Hispanic	46.0%	35.9%-56.5%	48.8%	41.7%-55.9%
Sex †				
Male	50.5%	43.1%-57.9%	51.5%	47.3%-55.6%
Female	66.8%	59.1%-73.6%	64.9%	60.9%-68.7%
Age-adjusted	57.8%	51.7%-63.7%	57.4%	54.2%-60.4%

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(continued)

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Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014

(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults with physician-diagnosed diabetes				
Total	6.8%	4.9%-9.3%	8.6%	7.3%-10.1%
Age †				
18-24	--	--	--	--
25-34	--	--	--	--
35-44	--	--	4.7%	2.4%-9.1%
45-64	6.9%	4.2%-11.2%	9.9%	7.7%-12.6%
65+	19.9%	12.9%-29.5%	20.7%	16.7%-25.4%
Race †				
White, NH	4.7%	3.2%-7.1%	7.5%	6.2%-8.9%
<i>Black, NH</i>	17.7%	9.9%-29.5%	13.7%	8.9%-20.7%
Hispanic	--	--	6.4%	4.0%-9.9%
Sex				
Male	7.4%	4.6%-11.7%	10.3%	8.2%-12.9%
Female	6.3%	4.0%-9.6%	6.9%	5.5%-8.7%
Age-adjusted	6.0%	4.4%-8.1%	7.8%	6.7%-9.2%
Percentage of adults with physician-diagnosed prediabetes				
Total	2.6%	1.6%-4.1%	4.3%	3.5%-5.3%
Age				
18-24	--	--	--	--
25-34	--	--	--	--
35-44	--	--	3.9%	2.2%-6.8%
45-64	--	--	4.8%	3.6%-6.4%
65+	--	--	8.3%	5.9%-11.4%
Race				
White, NH	2.8%	1.6%-5.0%	4.4%	3.5%-5.6%
Black, NH	--	--	4.9%	2.5%-9.5%
Hispanic	--	--	3.9%	2.1%-7.1%
Sex				
Male	2.7%	1.5%-5.0%	4.1%	3.0%-5.6%
Female	2.5%	1.2%-5.0%	4.5%	3.4%-5.9%
Age-adjusted	2.6%	1.6%-4.2%	4.3%	3.5%-5.3%
Percentage of adults with physician-diagnosed high blood pressure				
Total	25.3%	21.4%-29.6%	27.6%	25.4%-29.9%
Age				
18-24	--	--	6.5%	3.1%-13.3%
25-34	--	--	7.6%	4.9%-11.6%
35-44	13.8%	7.2%-24.9%	16.7%	12.1%-22.6%
45-64	28.0%	21.9%-35.0%	32.5%	28.9%-36.3%
65+	59.5%	48.3%-69.8%	57.5%	52.1%-62.8%
Race †				
White, NH	25.7%	20.9%-31.2%	28.4%	25.9%-31.1%
<i>Black, NH</i>	45.5%	32.0%-59.7%	40.0%	30.9%-50.0%
Hispanic	17.3%	11.3%-25.6%	20.0%	15.5%-25.4%
Sex				
Male	27.3%	21.8%-33.5%	30.5%	27.2%-33.9%
Female	23.5%	18.4%-29.6%	25.0%	22.1%-28.1%
Age-adjusted	23.0%	19.7%-26.6%	25.4%	23.4%-27.5%

Rates in italics are unreliable due to large standard error.

(continued)

--" indicates insufficient sample size.

"na" indicates where rates were not generated for health indicators with age- or sex-specific limits.

† Statistically significant.

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014
(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication				
Total	79.5%	71.8%-85.5%	78.2%	74.1%-81.8%
Age				
18-24	--	--	--	--
25-34	--	--	--	--
35-44	--	--	50.3%	33.7%-66.9%
45-64	84.5%	74.5%-91.1%	82.3%	77.5%-86.3%
65+	90.2%	80.8%-95.2%	91.0%	86.7%-93.9%
Race				
White, NH	82.1%	72.8%-88.6%	79.3%	74.9%-83.1%
Black, NH	--	--	84.3%	70.9%-92.2%
Hispanic	--	--	59.0%	44.8%-71.9%
Sex				
Male	74.4%	62.9%-83.3%	72.4%	66.1%-78.0%
Female	84.8%	73.6%-91.8%	84.9%	80.0%-88.8%
Age-adjusted	53.3%	42.6%-63.7%	57.4%	51.8%-62.7%
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines				
Total	84.5%	75.5%-90.6%	80.4%	76.2%-84.0%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	84.3%	74.8%-90.6%	79.1%	74.7%-82.9%
Black, NH	--	--	87.4%	74.9%-94.2%
Hispanic	--	--	86.1%	66.9%-95.0%
Sex				
Male	na	na	na	na
Female	84.5%	75.5%-90.6%	80.4%	76.2%-84.0%
Age-adjusted	na	na	na	na
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines				
Total	81.1%	73.5%-86.9%	82.6%	79.1%-85.6%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	83.2%	73.2%-90.0%	83.5%	79.5%-86.9%
Black, NH	--	--	74.4%	58.2%-85.9%
Hispanic	84.5%	69.7%-92.8%	82.0%	73.0%-88.4%
Sex				
Male	na	na	na	na
Female	81.1%	73.5%-86.9%	82.6%	79.1%-85.6%
Age-adjusted	na	na	na	na

Rates in italics are unreliable due to large standard error.

(continued)

"--" indicates insufficient sample size.

"na" indicates where rates were not generated for health indicators with age- or sex-specific limits.

† Statistically significant.

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014
(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines				
Total	74.4%	57.1%-86.4%	76.7%	68.6%-83.2%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	--	--	71.4%	59.7%-80.7%
Black, NH	--	--	--	--
Hispanic	--	--	79.7%	64.2%-89.6%
Sex				
Male	na	na	na	na
Female	74.4%	57.1%-86.4%	76.7%	68.6%-83.2%
Age-adjusted	na	na	na	na
Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines				
Total	72.1%	64.5%-78.6%	69.1%	65.4%-72.7%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	73.4%	65.7%-80.0%	70.6%	66.9%-74.0%
Black, NH	--	--	76.4%	64.2%-85.4%
Hispanic	--	--	55.1%	42.7%-66.9%
Sex				
Male	72.0%	59.4%-81.9%	67.7%	61.6%-73.2%
Female	72.1%	62.5%-80.1%	70.6%	65.9%-74.9%
Age-adjusted	na	na	na	na
Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines				
Total	53.3%	18.8%-36.4%	52.6%	44.2%-60.8%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	--	--	53.0%	43.3%-62.6%
Black, NH	--	--	--	--
Hispanic	--	--	--	--
Sex				
Male	--	--	47.1%	34.9%-59.7%
Female	--	--	56.6%	45.7%-66.9%
Age-adjusted	na	na	na	na

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(continued)

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† Statistically significant.

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014
(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults with current asthma				
Total	7.9%	5.4%-11.4%	8.1%	6.7%-9.7%
Age				
18-24	--	--	14.2%	8.2%-23.4%
25-34	--	--	6.2%	4.0%-9.5%
35-44	--	--	8.2%	4.6%-14.1%
45-64	6.4%	3.8%-10.4%	6.9%	5.4%-8.8%
65+	4.8%	2.5%-9.2%	7.5%	5.4%-10.5%
Race				
White, NH	10.2%	6.7%-15.3%	8.8%	7.1%-10.8%
Black, NH	--	--	8.3%	4.5%-14.7%
Hispanic	--	--	7.4%	4.1%-13.1%
Sex				
Male	6.7%	3.7%-11.9%	6.6%	4.9%-9.0%
Female	9.0%	5.5%-14.3%	9.4%	7.5%-11.9%
Age-adjusted	8.2%	5.4%-12.2%	8.1%	6.6%-9.9%
Percentage of adults with cholesterol checked				
Total	88.1%	82.5%-92.0%	86.1%	83.5%-88.4%
Age †				
18-24	58.4%	30.9%-81.5%	58.8%	45.3%-71.2%
25-34	72.9%	62.4%-81.3%	68.6%	62.0%-74.5%
35-44	92.6%	86.1%-96.3%	88.1%	83.0%-91.8%
45-64	95.6%	92.7%-97.4%	94.4%	92.6%-95.8%
65+	98.3%	94.8%-99.4%	97.5%	96.0%-98.5%
Race				
White, NH	89.9%	79.6%-95.3%	88.5%	84.9%-91.4%
Black, NH	83.6%	72.9%-90.7%	82.3%	72.7%-89.1%
Hispanic	79.3%	72.0%-85.1%	77.3%	72.0%-81.8%
Sex				
Male	88.6%	84.7%-91.6%	85.9%	83.0%-88.4%
Female	87.6%	76.7%-93.9%	86.3%	81.7%-89.8%
Age-adjusted	86.5%	81.7%-90.1%	84.3%	81.8%-86.5%
Percentage of adults 18 years and older with elevated cholesterol				
Total	38.1%	33.1%-43.5%	38.0%	35.3%-40.8%
Age †				
18-24	--	--	21.7%	12.2%-35.6%
25-34	10.2%	5.1%-19.4%	12.6%	8.6%-18.2%
35-44	32.6%	21.1%-46.6%	28.6%	22.3%-35.9%
45-64	41.3%	33.6%-49.5%	42.6%	38.4%-46.9%
65+	57.6%	47.1%-67.6%	56.2%	50.9%-61.5%
Race				
White, NH	38.4%	32.6%-44.6%	39.1%	36.2%-42.2%
Black, NH	37.9%	23.8%-54.5%	31.3%	22.1%-42.2%
Hispanic	36.1%	25.3%-48.7%	35.2%	27.8%-43.3%
Sex				
Male	45.7%	38.1%-53.5%	44.0%	39.8%-48.2%
Female	31.3%	25.1%-38.2%	32.4%	29.0%-36.1%
Age-adjusted	34.2%	29.4%-39.3%	33.7%	31.0%-36.5%

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† Statistically significant.

(continued)

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014

(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition				
Total	7.2%	4.9%-10.7%	8.6%	6.9%-10.6%
Age				
18-24	--	--	--	--
25-34	--	--	--	--
35-44	--	--	9.1%	3.7%-20.7%
45-64	9.1%	5.2%-15.6%	9.2%	6.8%-12.3%
65+	7.7%	4.3%-13.4%	8.7%	6.4%-11.7%
Race				
White, NH	5.0%	3.0%-8.4%	7.1%	5.6%-8.8%
Black, NH	--	--	15.3%	8.5%-26.1%
Hispanic	--	--	7.7%	4.3%-13.2%
Sex				
Male	4.9%	2.5%-9.6%	8.9%	6.3%-12.4%
Female	9.3%	5.6%-14.8%	8.2%	6.3%-10.7%
Age-adjusted	7.7%	3.9%-14.6%	8.5%	6.2%-11.4%
Percentage of adults with arthritis				
Total	21.1%	17.4%-25.3%	22.4%	20.4%-24.5%
Age †				
18-24	--	--	--	--
25-34	--	--	9.2%	6.0%-13.7%
35-44	15.6%	7.8%-28.5%	13.9%	9.7%-19.7%
45-64	23.1%	17.6%-29.8%	25.8%	22.6%-29.3%
65+	43.7%	33.6%-54.4%	46.1%	40.9%-51.4%
Race				
White, NH	24.4%	19.6%-30.0%	25.9%	23.4%-28.4%
Black, NH	27.7%	16.2%-43.0%	22.3%	15.1%-31.6%
Hispanic	14.1%	7.9%-23.8%	14.8%	10.6%-20.4%
Sex				
Male	17.8%	13.2%-23.5%	17.7%	15.1%-20.5%
Female	24.1%	18.7%-30.3%	26.9%	23.9%-30.0%
Age-adjusted	19.7%	16.2%-23.7%	20.8%	18.9%-22.8%
Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)				
Total	33.5%	26.3%-41.6%	34.0%	30.2%-38.0%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	29.8%	22.4%-38.4%	33.3%	29.4%-37.5%
Black, NH	--	--	47.9%	32.1%-64.1%
Hispanic	--	--	30.3%	20.9%-41.7%
Sex				
Male	41.0%	29.2%-53.9%	39.5%	33.7%-45.6%
Female	27.7%	19.1%-38.2%	28.9%	24.2%-34.2%
Age-adjusted	na	na	na	na

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Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014
(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults aged 18+ years with flu immunization in the past year				
Total	52.0%	46.6%-57.5%	47.3%	44.5%-50.1%
Age				
18-24	53.6%	30.2%-75.5%	33.5%	21.3%-48.4%
25-34	29.9%	20.6%-41.3%	30.0%	24.1%-36.6%
35-44	34.9%	23.1%-48.8%	36.5%	29.9%-43.7%
45-64	53.8%	45.7%-61.7%	47.9%	43.8%-52.0%
65+	77.3%	68.0%-84.6%	75.9%	71.4%-79.8%
Race †				
White, NH	60.5%	53.6%-67.1%	50.9%	47.6%-54.1%
Black, NH	42.3%	28.8%-57.1%	36.9%	27.8%-47.1%
Hispanic	28.9%	21.3%-37.8%	32.9%	27.3%-39.0%
Sex				
Male	46.0%	39.0%-53.1%	42.4%	38.6%-46.2%
Female	57.7%	49.5%-65.6%	51.9%	47.8%-56.1%
Age-adjusted	49.3%	43.8%-54.7%	45.0%	42.1%-48.0%
Percentage of adults aged 65+ years with flu immunization in the past year				
Total	77.3%	68.0%-84.6%	75.9%	71.4%-79.8%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	76.2%	66.8%-83.6%	75.0%	70.8%-78.7%
Black, NH	--	--	--	--
Hispanic	--	--	--	--
Sex				
Male	80.5%	67.7%-89.1%	76.4%	70.0%-81.8%
Female	74.2%	60.2%-84.5%	75.4%	68.9%-80.8%
Age-adjusted	na	na	na	na
Percentage of adults aged 65+ years with pneumococcal immunization				
Total	71.8%	62.1%-79.7%	65.6%	60.6%-70.2%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	69.0%	59.4%-77.3%	65.7%	61.2%-70.0%
Black, NH	--	--	--	--
Hispanic	--	--	--	--
Sex				
Male	74.1%	60.8%-84.0%	63.4%	56.0%-70.3%
Female	69.5%	55.4%-80.7%	67.7%	60.8%-73.9%
Age-adjusted	na	na	na	na

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(continued)

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† Statistically significant.

Behavioral Risk Surveillance System Health Indicators, Westchester County and Mid-Hudson Region, 2013-2014

(continued)

	Westchester		Mid-Hudson Region	
	Percent	95% CI	Percent	95% CI
Percentage of adults aged 65+ years with at least one fall in the past 12 months				
Total	29.9%	21.7%-39.5%	28.8%	24.5%-33.6%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	33.1%	24.6%-42.8%	30.9%	26.8%-35.4%
Black, NH	--	--	--	--
Hispanic	--	--	--	--
Sex				
<i>Male</i>	<i>27.3%</i>	<i>16.8%-41.1%</i>	<i>26.7%</i>	<i>20.8%-33.4%</i>
<i>Female</i>	<i>32.5%</i>	<i>21.3%-46.1%</i>	<i>31.0%</i>	<i>25.1%-37.6%</i>
Age-adjusted	na	na	na	na
Among adults aged 65+ years with at least one fall in the past 12 months, percent that results in injury				
Total	35.9%	21.7%-53.0%	40.2%	32.0%-49.0%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
White, NH	--	--	40.1%	32.4%-48.3%
Black, NH	--	--	--	--
Hispanic	--	--	--	--
Sex				
Male	--	--	--	--
Female	--	--	--	--
Age-adjusted	na	na	na	na
Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy				
Total	46.4%	30.1%-63.4%	44.1%	35.9%-52.5%
Age				
18-24	na	na	na	na
25-34	na	na	na	na
35-44	na	na	na	na
45-64	na	na	na	na
65+	na	na	na	na
Race				
<i>White, NH</i>	<i>54.9%</i>	<i>32.2%-75.8%</i>	<i>47.8%</i>	<i>37.2%-58.6%</i>
Black, NH	--	--	--	--
Hispanic	--	--	41.1%	27.4%-56.4%
Sex				
Male	na	na	na	na
<i>Female</i>	<i>46.4%</i>	<i>30.1%-63.4%</i>	<i>44.1%</i>	<i>35.9%-52.5%</i>
Age-adjusted	na	na	na	na

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(continued)

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† Statistically significant.

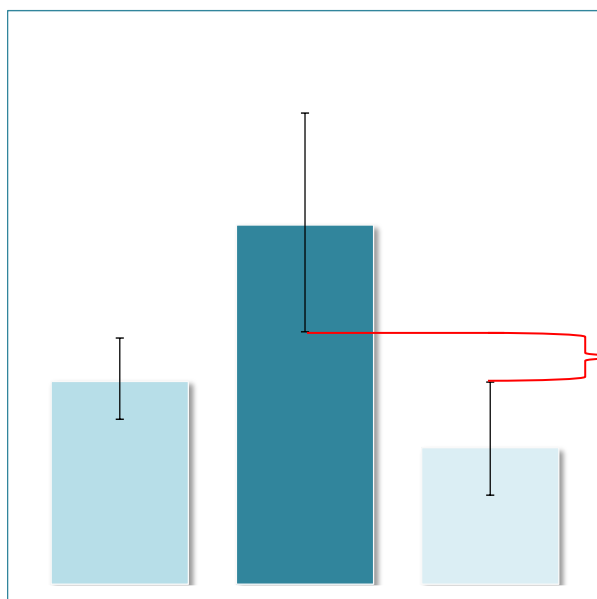
The Expanded Behavioral Risk Factor Surveillance System

The CDC's Behavioral Risk Factor Surveillance System is a telephone survey conducted annually in all 50 states and U.S. territories. The purpose of the BRFSS is to monitor the preventive health practices and risk behaviors among the adult (18 years and older) non-institutionalized population. Indicators assessed by the BRFSS include physical activity, health insurance coverage, access and utilization of preventative care services, prevalence of communicable diseases, alcohol and tobacco use, and other factors contributing to chronic disease and premature mortality.

Building on the CDC's standard BRFSS, the New York State Expanded BRFSS (NYS eBRFSS) was designed as a supplemental to produce information on key public health issues in New York State. The NYS eBRFSS collects information representative of the population for New York City (NYC) and each of New York State's 57 counties outside NYC. A standard questionnaire was developed and used across all 58 areas. The health indicators reported in the NYS eBRFSS are based on answers to one or more questions within the survey and weighted to reflect accurately the adult population under study. Weighting procedures take gender, race, and age into account. For each area, approximately 650 interviews are completed. The 2014 eBRFSS reached both households with landlines and households which had only cell phones.

The questionnaires, datasets, survey results, and technical documentation for BRFSS reports are available at the CDC's website. Additional information about the NYS Expanded BRFSS can be found at the New York State Department of Health's website.

All rates reported in the figures are crude rates with the confidence intervals presented to facilitate statistical comparisons between people with different age, gender, or race/ethnicity.



A statistically significant difference exists when the confidence intervals of the rates of two groups do not overlap.